

Rocky View County Family & Community Support Services (FCSS)

2021 FCSS GENERAL FUNDING APPLICATION

(FUNDING PERIOD: January 1 – December 31, 2021) *ALL INFORMATION PROVIDED IS PUBLIC*

APPLICATION DEADLINE IS 4:00 P.M. SEPTEMBER 30, 2020 NO EXCEPTIONS

Organization Name	Seniors for Kids Society	
Program Name	Senior Mentoring Program	
FCSS Funding Request (over \$7,500)	\$34,000.00	
(from Section 9.6 C Proposed Budget)		
E-Mail Address and Website	into@seniorsforkids.ca	
	www.seniorsforkids.ca	
Mailing Address (include postal code)	Box 5, Site13, RR1 Cochrane AB T4C 1A1	
Street Address (for courier purposes)	221 GlenEagles View Cochrane AB	
Agency Telephone Number	403-861-4558	
Agency Fax Number	N/A	
Executive Director Name	Lynn Noble	
Program Contact Name	Lynn Noble	
Phone Number (If different from above)	(Nadine's contact)	

2. CERTIFICATION OF COMPLIANCE

This is to certify that to the best of my knowledge and belief, the information included in this application complies with the requirements and conditions set out in the Family and Community Support Services Act and Regulation. (https://www.alberta.ca/family-and-community-support-services-fcss-program.aspx)

Signature (Agency Signing Authority)

<u>Hume Milrov</u> Print Name Click here to enter text.

9/28/2020 Date

Submit Completed Documents to, or for further assistance contact: Randy Ell, FCSS Coordinator 403.520.1289 Rocky View County, 262075 Rocky View Point Rocky View County, AB T4A 0X2

Please note that faxed or e-mailed copies of the application will <u>not</u> be accepted. All proposals (printed single sided pages only) must be received in the Rocky View County main administration building by 4:00 p.m. SEPTEMBER 30, 2020. <u>It is strongly recommended that you courier or hand deliver your proposal and request confirmation of receipt.</u> <u>APPLICATIONS NOT RECEIVED BY THIS DEADLINE WILL NOT BE ACCEPTED.</u>

Please email confirmation of receipt of this application to: info@seniorsforkids.ca

Please indicate how you heard of the Rocky View County FCSS Program:

_____newspaper ad

_____ social media

website visit/search

word of mouth

____X__ other (specify) _____ previous applicant

3. SOCIETY MEMBERSHIP (current)		
Number of Members	65	
Membership Fee Per Member	N/A	

4. TYPE OF ORGANIZATION

Alberta Societies Act Registration Number:	508205721		
Charitable Number (if have one):	86604-9224RR0001	Government Agency	

5. DAYS AND HOURS OF OPERATION OF THE PROGRAM

OPERATING	MONDAY	TUESDAY	WEDNESDAY	THURSDA	Y FRIDAY	SATURDAY	SUNDAY
HOURS	8-4	8-4	8-4	8-4	8-2		
Dates not Open:							
Statutory Holiday:	None			Other	We are closed al	l school holiday	8

6. DOCUMENTATION REQUIREMENTS:	ATTACHED
Do not provide other attachments unless requested to do sp-	
List of current agency Board of Directors by name and Board position (Board information is requested to ensure sufficient governance and make members accessible to administration, if required.) Do not include personal contact information (home addresses, emails, or phone numbers).	
Fee Policy and Schedule (if applicable)	
Organizational Chart of Agency	
Certificate of Incorporation under the Societies Act if new applicant. (Not applicable to other municipal governments and associated departments)	☐ Included ⊠ Not Applicable
Constitution and Bylaws (first time applicants only unless changes were made by previously funded groups)	
Job description(s) for County FCSS funded positions requested (first time applicants only unless changes were made by previously funded groups)	
Most recent Audited Financial Statement	

The personal information on this form is being collected for the purpose of determining eligibility of an applicant to receive FCSS funding; to assist in administering the FCSS funding; and to monitor, assess, and evaluate your program. This information is collected under the authority of Section 33 (c) of the Freedom of Information and Protection of Privacy Act and may become public information once it is submitted to the FCSS program. Questions regarding the collection of this information can be directed to the Manager, Recreation and Community Services at 403.520.6307.

7.1 PROGRAM DESCRIPTION

Provide a brief program description in a few sentences (to be used for publication by FCSS)

To provide resources for building intergenerational relationships between youth and seniors, thus improving the quality of life for both groups.

In what way(s) is your program prev required to report on each of the Out	rentive in nature? Check the appropriate items from the following list. You with the total selected.	ll be	
Provincial Outcome	Rocky View County Outcomes		
Improved social well-being of individuals	Outcome 1: Individuals experience personal well-being. Indicators: Resilience; self-esteem; optimism; capacity to meet needs; autonomy; competence; personal engagement; meaning and purpose.	X	
	Outcome 2: Individuals are connected with others. Indicators: Quality of social relationships; social supports available; trust and belonging.	X	
	Outcome 3: Children and youth develop positively. Indicators: Developmental assets.	×	

Provincial Outcome	Rocky View County Outcomes	
	Outcome 4: Healthy functioning families.	
	Indicators: Positive family relationships; positive parenting; positive family communications.	
Improved social well-being of families	Outcome 5: Families have social supports.	
	Indicators: Extent and quality of social networks; family accesses resources as needed.	

Provincial Outcome	Rocky View County Outcomes	
	Outcome 6: The community is connected and engaged.	
	Indicators: Social engagement; social support; awareness of the community; positive attitudes toward others and the community.	
Improved social well-being of the community.	Outcome 7: Community social issues are identified and addressed. Indicators: Awareness of community social issues; understanding of community social issues; agencies and/or community members work in partnership to address social issues in the community.	

20

10

70

%

0.,

7.3 PRIMARY TARGET

Indicate the Primary target at whom the program is aimed by estimating the percentage of the program's FCSS allocation that is directed to services in the following categories.

Children	22	%
Youth	23	%
Families	1	%
Adults		%
Seniors	50	%
Volunteerism	2	%
Community Development	2	%
Tota]	001	%

7.4 SOCIAL SERVICE CONTINUUM

Please indicate the percentage of each section below that your program provides.

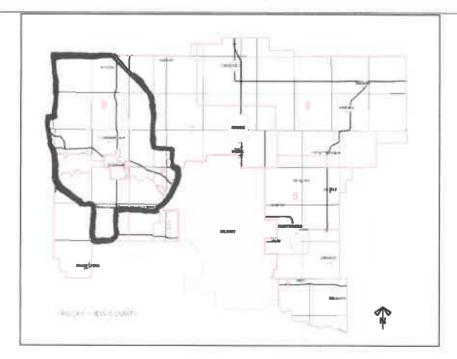
- Promotion: Programs and services that promote public education and awareness of social needs.
 Prevention: Programs and services focused at the earliest opportunity on individuals and families
- whose social well-being in community life is at risk.
- Early Intervention: Programs and services focused on individuals and families with identified early signs of unmet needs, who require support to enhance their social well-being.
- Specialized Services: Programs and services for individuals and families focused on emerging social needs not yet sufficiently addressed by community support.
- Remediation Services: Programs and services for individuals and families with clearly defined unmet needs, who require assessment, intervention, and treatment to enhance their social well-being.

Total 1

8. COORDINATION AND COMMUNICATION

A. Identify organizations within the program's catchment area (define your region of operation; include towns and border of service area and <u>also clearly mark it on the map with thick black lines</u>) that provide similar services.

Big Brothers and Sisters (B.B.B.S) provide similar mentoring programs to ours.



B. What cooperative and coordinative steps has the program taken with these agencies?

We have met with the coordinator of B.B.B.S on more than one occasion to discuss our respective programs and ideas on how we work together in our community.

C. Describe the similarities and differences between the proposed program and those identified as being delivered by other organizations.

Our programs focus on intergenerational mentoring; other programs in the area have focused mainly on the youth

OUTCOMES MODEL

(For further information on the outcomes model contact the County FCSS program for a copy of a toolkit.)

9.1 AGENCY/PROGRAM VISION

Desired social condition. May be your agency's existing vision statement.

That seniors and children in every community build special friendships by respecting, trusting and supporting one another.

AGENCY/PROGRAM MISSION

Unique role in working towards the desired social condition. What are you currently doing to achieve your mission (e.g. other programs and services that are not a part of this application for funding)?

Seniors for Kids Society is part of the Cochrane Inter-Agency Community. We also participate in many committees: Volunteer Managers, Cochrane Regional Well Being Focus Group, Cochrane and District Trade Fair, Wellness Fair, 50+ Resource Fair, Helping Hands Food Drive, Cochrane Humane Society, Seniors Tea, Seniors Advisory Committee, Volunteer Appreciation Committee, Leaders of Tomorrow, Cochrane Community Awards, Seniors on the Bow, Bethany Partnership, School Partnerships, Westbrook School Fair, Westbrook Reading Literacy Event, Westbrook Kindergarten Event and Westbrook Community Church Group.

9.3 STATEMENT OF NEED

Problem statement; description of the situation you wish to change.

We meet the needs for those students who do not have grandparents within the area.

To allow students to spend quality time with senior volunteers within a school environment, thus bridging the gap between the two generations,

To provide an opportunity for senior volunteers to participate in a valuable and rewarding experience with the youth of the community.

9.4 STRATEGY/ACTIVITIES

How will the program address the specified need? What goal or long-term change or impact do you want to achieve? What are you going to do in the program to achieve your goal(s)?

Seniors for Kids Society has a Program Coordinator that manages the senior volunteers, students and works directly with the schools.

Materials are provided for the mentors and students to work within a structured, time limited, site based and supervised programming environment. We are looking to impact the lives of students, seniors and the entire community in a positive, safe and unbiased environment; where a better understanding of the two generations can occur.

5 RATIONALE

An explanation of why you believe this strategy or approach will work; include research if possible.

Seniors for Kids Society is a "grass roots" program that is in it's 23rd year of operations.

- Seniors become mentors or "in-school grandparents" to young students by giving of themselves in a nonjudgemental way, providing unconditional attention with a desire to encourage young people to reach their full potential
- Students get to share their thoughts and feelings with an older adult if they wish, which often helps them learn to cope with their youthful day-to-day happenings.

Everyone benefits: The seniors, the youth, their families, and the community.

9.6 INPUTS

*Please see end of application for budget shell. Budget sheet(s) MUST follow the template as provided.

A. Have you researched or sourced other methods of funding? How do you propose to sustain this program?

Yes, revenue is generated through community and corporate funding.

B. Has this budget been authorized by your Board of Directors? Yes 🗌 No X If no, please explain:

It has been approved by our Executive Director and Treasurer

9.7 PROJECTED OUTPUTS (Count of products and services delivered to the target group. For definitions, see the end of the report)

Please report the <u>projected</u> direct product of your activities, usually measured by volume of work accomplished. <u>Must</u> include <u>projected</u> number of individual participants, volunteers and volunteer hours. Other outputs may include <u>projected</u> number of training sessions, workshops, and community development programs. Include <u>projected</u> number of County residents utilizing services. Rocky View County residents do not include people who reside in Airdrie, Beiseker, Chestermere, Cochrane, Crossfield, Irricana or Redwood Meadows. It does include those who live outside of these municipalities and within the hamlets located within the County's borders.

A. PROJECTED NUMBER OF INDIVIDUAL PARTICIPANTS SERVED:

People served should only be counted once unless they are part of a family being served (see definitions). DO NOT include group participants, contacts, or community development initiatives if counted below. Provide general summary of outputs here:

Number of Children/Youth (0 to 18 years) 255 Number of County Residents: 85 Number of Adults (19 to 64 years) 18 Number of County Residents: 9 Number of Seniors (65+ years) 51 Number of County Residents: 20 Number of Families 0 Number of County Families: 0

B. PROJECTED NUMBER OF GROUPS SERVED:

(e.g. workshops, training and/or education groups)

Provide general summary of outputs here:

We participate in Community Events where Seniors for Kids Society can be promoted. We host bi-monthly training and workshops at our coffee socials.

Number of Groups: 5 Total Number of Participants: 200 Number of County Residents: 100

C. PROJECTED NUMBER OF CONTACTS PROVIDED:

(e.g. providing assistance with forms/referral; telephone, mail outs, email, and social media) Provide general summary of outputs here:

We advertise through our local newspapers, social media, school newsletters, society newsletter, society website, Bethany Care Cochrane, Seniors on the Bow Centre, Cochrane, F.C.S.S., local networking groups, Cochrane and District Trade Show, Wellness Fair and 50+ Resource Fair

Number of Clients: All of Western Rocky View Number of County Residents: 50

D. PROJECTED NUMBER OF COMMUNITY DEVELOPMENT INITIATIVES:

(E.g. community assessment, mobilization, and/or advocacy committees. Do not include service to individuals) Provide general summary of outputs here:

We are not taking on new initiatives.

Number of Initiatives: Number of Clients: Number

Number of County Residents:

E. VOLUNTEERISM

a) What are the roles of volunteers in the program?

Senior Mentors, Student Mentors, Program Assistance, Board Members

b) How does the program promote, encourage, and facilitate the use of volunteers?

Without volunteers, our program would not be able to run. We host a Welcome Back Lunch, Coffee Socials, Christmas Dinner, Year End Appreciation Dinner and all programs have a little yearend celebration. We know all our volunteer's names, family members and keep in contact with them on a regular basis.

c) Total number of volunteers in agency/program:	110
d) Total number of volunteer hours in 2019:	7367
e) Estimated number of volunteer hours until the end of 2020:	7000

9.8 EXPECTED OUTCOMES

Statements, which describe the difference the agency/program intervention will make with clients in the short term, midterm, and long term. These must logically connect to the Provincial and Rocky View County Outcomes in Section 7.2. Improved Social Well-being of individuals

Outcome 1: Individuals experience well-being

- Young people have an increased awareness of their personal strengths (ST)
- Young people have an enhanced awareness of future options and increased sense of hope (new awareness and expand choices/options) (ST)

Outcome 2: Individuals are connected with others

- Young people establish a relationship with a caring mentor (ST)
- Young people have improved relationships with family and peers (ST)
- Young people develop positive relationships with others (MT)
- Seniors feel more connected with their community (LT)
- Seniors feel they are making a difference in their community (LT)
- Seniors establish new relationships with others (LT)

Outcome 3: Children and Youth develop positively

- Young people have an improved attitude towards school (ST)
- Young people recognize value and develop independence, coping skills and become more resistant to risk behaviours (MT)

9.9 OUTCOME INDICATORS

List the specific items of information that you will track to measure your program's success on outcomes. These are generally in the form of a cluster of questions or surveys and relate directly to the Rocky View County Outcome Indicators listed in Section 7.2. Copies of the Provincial FCSS Measures Bank are available upon request.

We send out surveys to all involved with the program: Senior Volunteers, Students, School Staff and Parents. Some of the questions we will be asking on our next survey could be as follows:

- At the Seniors for Kids program, I feel my mentor cares about me
- As a result of the Seniors for Kids program, I feel more confident to be myself.
- As a result of the Seniors for Kids program, I like school more.
- The Seniors for Kids program has helped me to feel what I do in my life is valuable and worthwhile.
- The Seniors for Kids program has helped me to feel a sense of belonging to my community

10 ADDITIONAL INFORMATION

Please provide a brief agency/program history.

The Seniors for Kids Society began as a pilot program called the "Cochrane Grandparent Program" in 1997 at Holy Spirit School. Seven senior volunteers mentored Grade 4 students as a way of developing intergenerational relationships. From this initial start, the concept evolved, into both one-to-one and classroom grandparents, spreading to more grades, and allowing relationships to mature for up to two years. Other Cochrane elementary and middle schools joined the following school year as the interest grew. The program name was changed and registered as Seniors for Kids Society in 1998 as a way of identifying for a wider group what the program was about. Since our pilot year, we have grown to 10 in school mentoring programs and 3 out of school programs.

11 STORIES

Please provide 1 or 2 short anecdotal stories about some of your County rural clients who have received services from your organization, and how their situation has improved as a result of their involvement in this program. This story may be used for publication by FCSS. Please do not include any client identifying information.

Words from a new volunteer:

I have worked hard my whole life and never had time to socialize, working multiple jobs and caring for my spouse. This program has brought such joy to my life already. I feel connected again to my community by developing relationships with youth and the opportunity to meet peers of my own age. This program makes me feel youthful and gives me a place to pass on my knowledge. The opportunity to hear stories from youth, their struggles, sibling challenges, athletic and musical triumphs; this reminds me that an interested ear can help youth work through life's mysteries.

June 30, 2020

To Whom It May Concern,

This letter is in regard to the Grandparent program that is provided for our students at Westbrook School. In the past year (2019-2020) Westbrook School had 20 students and 6 grandparents involved with this program.

The Grandparent program continues to be held on Wednesday mornings in our library and has been a very beneficial and popular program in our school. This program has given many students the opportunity to spend quality time with seniors within a school environment. Our volunteers are very dedicated to assisting our younger students to achieve their full potential through supporting and interacting with them in their weekly school mentoring relationship. As well, since COVID impacted our school year this year it was so nice to remain in contact with the Grandparent program. We enjoyed receiving their monthly newsletters and many of the seniors reached out to their matched students and sent them emails to keep in contact with them during the last few months of school.

The experiences these students have had with the Grandparent volunteers have been very rewarding and have been a valuable experience for these youth in the Cochrane community. This program continues to help build self esteem, increases social competencies, enhances goal setting/problem solving for these students. The students are always very excited when it was a Wednesday morning and looked forward to their weekly visits with the seniors. Each match is supported by the program coordinator who provides guidance and different activity ideas for this program.

This social mentoring program is a great opportunity for students to cooperate, learn, grow and appreciate the wisdom and knowledge that can be obtained from the dedicated seniors. I always have a waiting list of students who are eagerly waiting to join the Grandparent program at our school. This program continues to do very well at Westbrook School and we look forward to having this program to continue in the fall with the opening of our brand new school.

Sincerely, Jona Kondrat

> INSERT BUDGET DETAILS ON THE FOLLOWING PAGE DO NOT INCLUDE IN-KIND SUPPORTS, ONLY ACTUAL DOLLARS AN EXCEL SPREADSHEET IS AVAILABLE FOR INSERTION

2021 Rocky View County FCSS Budget Page

Please ensure that section 9.6 C. starts on a page(s) with no other sections on the page(s). For consistency purposes, it is <u>IMPERATIVE</u> that you use the following template as provided and <u>NOT</u> modify it, other than adding additional lines.

9.6 C. INPUTS (Resources dedicated to the project. Include staff and budget for one year.)

2021 PROPOSED BUDGET (Ensure all calculations are correct. Use the second column to itemize the program expenses to which you plan to direct County FCSS funds. Column 1 + Column 2 = Column 3)

	Column 1	Column 2	Column 3
ITEM	2021 Costs to be paid or contributed by the Applicant and other funding partners (Agency Contribution)	2021 Costs to be funded by Connty FCSS (Program Request)	2021 Projected Year End Total Project Budget (Total Cost)
PERSONNEL (specify positions and hours per week)	EXPENSES		
Program Coordinator 27hrs/wk	10,300.00	12,200.00	22,500.00
Funding Coordinator 20hrs/mth	1,200.00	1,300.00	2,500.00
Program Facilitators 10hrs/wk x 4ppl	9,500.00	12,500.00	22,000.00
Accountant Fee - yearly	500.00	1,250.00	1,750.00
a. SUBTOTAL PERSONNEL	21.500.00	27,250.00	48,750.00
TRAVEL & TRAINING (specify)	149.00	300.00	449.00
Training/Meetings	200.00		
Travel/Transportation	200.00	400.00	600.00
			0.00
b. SUBTOTAL TRAVEL & TRAINING	349.00	700.00	0.00
5. SUBTOTAL TRAVEL & TRAINING	549.00	700400	1,049.00
MATERIALS AND SUPPLIES (specify)			
Program Supplies	1,000.00	2,200.00	3,200.00
Office Supplies	355.00	400.00	755.00
			0.00
			0.00
c. SUBTOTAL MATERIALS AND SUPPLIES	1,355.00	2,600.00	3,955.00
OTHER (specify)			
Advertising	100.00	440.00	540.00
Insurance	100.00	506.00	606.00
Volunteer Appreciation	1,000.00	2,000.00	3,000.00
Bank Charges	50.00	150.00	200.00
Fees and Dues	40.00	110.00	150.00
GST Expense	6.00	244.00	250.00
d. SUBTOTAL OTHER	1,296.00	3,450.00	4,746.00
e. TOTAL EXPENDITURES (e=a+b+c+d)	24,500.00	34,000.00	58,500.00
REVENUE (specify other sources of fundin	g including fundraising, fees f	or service, other gran	ts, etc.)
Cochrane FCSS/United Way Partnership	13,200.00		
Schools and Service Groups	5,525.00		
Corporate	4,000.00		
Other Individual Donations	1,600.00		
Fundraising	175.00		
	24.500.00		
g. FCSS REQUEST (DEFICIT = Total of Column 3 Expenditures – Total Revenue)		34,000.00	