

Rocky View County Family & Community Support Services (FCSS)

(FUNDING PERIOD: JANUARY 1 – DECEMBER 31, 2021)

Please type or print legibly. Applicants must be a non-profit organization/agency that serves Rocky View County residents. All information provided is public. A project evaluation is required by February 28, 2022 if your application is successful. **Please note that faxed or e-mailed copies of the application will not be accepted. It is strongly recommended that you courier or hand deliver your proposal (printed single sided pages only) and request confirmation of receipt. APPLICATION DEADLINE IS 4:00 P.M. SEPTEMBER 30, 2020 APPLICATIONS NOT RECEIVED BY THIS DEADLINE WILL NOT BE ACCEPTED.**

1. ORGANIZATION INFORMATION	
Organization Name	Langdon Older Kids Seniors Club
Project Name	Supplement to Annual Operating Costs
FCSS Funding Request (Maximum \$7,500) (from Section 9.6 C Proposed Budget)	\$5000.00
E-Mail Address and Website	langdonokclub@gmail.com langdonokclub.com
Mailing Address (include postal code)	273 Boulder Creek Dr Langdon AB T0J 1X3
Street Address (for courier purposes)	273 Boulder Creek Drive Langdon
Agency Telephone Number	403-954-2005
Agency Fax Number	
Executive Director Name	Keith Kupsch
Program Contact Name	Hugh Wilkie
Phone Number (If different from above)	

X Please email confirmation of receipt of this application to: [Click here to enter text.](#)

2. PREVENTION		
In what way(s) is your program preventive in nature? Check the appropriate items from the following list. You will be required to report on each of the Outcomes that you have selected.		
Provincial Outcome	Rocky View County Outcomes	
Improved social well-being of individuals	Outcome 1: Individuals experience personal well-being. Indicators: Resilience; self-esteem; optimism; capacity to meet needs; autonomy; competence; personal engagement; meaning and purpose.	<input checked="" type="checkbox"/>
	Outcome 2: Individuals are connected with others. Indicators: Quality of social relationships; social supports available; trust and belonging.	<input checked="" type="checkbox"/>
	Outcome 3: Children and youth develop positively. Indicators: Developmental assets.	<input type="checkbox"/>
	Outcome 4: Healthy functioning families. Indicators: Positive family relationships; positive parenting; positive family communications.	<input type="checkbox"/>

Improved social well-being of families	Outcome 5: Families have social supports. Indicators: Extent and quality of social networks; family accesses resources as needed.	<input type="checkbox"/>
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Provincial Outcome	Rocky View County Outcomes	
Improved social well-being of the community.	Outcome 6: The community is connected and engaged. Indicators: Social engagement; social support; awareness of the community; positive attitudes toward others and the community.	<input checked="" type="checkbox"/>
	Outcome 7: Community social issues are identified and addressed. Indicators: Awareness of community social issues; understanding of community social issues; agencies and/or community members work in partnership to address social issues in the community.	<input checked="" type="checkbox"/>

3. PROJECT DESCRIPTION

Attach a separate page providing a brief overview of your organization and the project.

- a) Describe briefly how this is a special project and how it will specifically support Rocky View County Residents. Rocky View County residents do not include people who reside in Airdrie, Beiseker, Chestermere, Cochrane, Crossfield, Irricana or Redwood Meadows. It does include those who live outside of these municipalities and within the hamlets located within the County's borders.
- b) Define your region of operation;
- c) Include the statement of need;
- d) The activities that will be used to address the need;
- e) The expected outcomes; and
- f) Agency/project mission. What is your mission and what are you currently doing to achieve your mission (e.g. other programs and services that are not a part of this application for funding)?

4. PROJECT FIGURES

- a) Estimated Number of Total Program Participants: 60
- b) Estimated Number of County Resident Program Participants: 58
- c) Estimated Number of Volunteer Hours Related to Program: 3000

5. SUPPORTING DOCUMENTS

The following documents **must** be attached:

- a) Organization's Annual Financial Statement;
- b) Organization's Proposed Operating Budget – include contributions from other sources and detailed expenditures, do not include in-kind supports, only actual dollars. A budget shell is attached on the next page if you wish to use it;
- c) List of Organization's Officers and Directors. Do not include personal contact information (home addresses, emails, or phone numbers);
- d) A copy of Alberta Societies Act Registration if new applicant.

Other documents may also be attached to the application form that provides further clarification.

6. CERTIFICATION OF COMPLIANCE:

This is to certify that to the best of my knowledge and belief, the information included in this application complies with the requirements and conditions set out in the Family and Community Support Services Act and Regulation. (<https://www.alberta.ca/family-and-community-support-services-fcss-program.aspx>)

(Signature of Applicant)

(Print Name & Title)

(Date)

Please indicate how you heard of the Rocky View County FCSS Program:

_____ newspaper ad

_____ social media

_____ website visit/search

 X word of mouth

_____ other (specify) _____

Submit Completed Documents to
or for further assistance contact:

Randy Ell, FCSS Coordinator
Rocky View County
262075 Rocky View Point
Rocky View County, AB T4A 0X2
Phone: 403.520.1289

The personal information on this form is being collected for the purpose of determining eligibility of an applicant to receive FCSS funding; to assist in administering the FCSS funding; and to monitor, assess, and evaluate your program. This information is collected under the authority of Section 33 (c) of the Freedom of Information and Protection of Privacy Act and may become public information once it is submitted to the FCSS program. Questions regarding the collection of this information can be directed to the Manager, Recreation, Parks and Community Support at 403.520.6307.

9.6 C. INPUTS (Resources dedicated to the program. Include staff and budget for one year.)			
2021 PROPOSED BUDGET (Ensure all calculations are correct. Use the second column to itemize the program expenses to which you plan to direct the County FCSS funds. Column 1 + Column 2 = Column 3)			
ITEM	Column 1 2021 Costs to be paid or contributed by the Applicant and other funding partners (Agency Contribution)	Column 2 2021 Costs to be funded by County FCSS (Program Request)	Column 3 2021 Projected Year End Total Program Budget (Total Cost)
EXPENSES			
PERSONNEL (specify positions and hours per week)			
a. SUBTOTAL PERSONNEL			
TRAVEL & TRAINING (specify)			
b. SUBTOTAL TRAVEL & TRAINING			
MATERIALS AND SUPPLIES (specify)			
Socialization supplies and materials	500.00	500.00	1000.00
c. SUBTOTAL MATERIALS AND SUPPLIES			
OTHER (specify)			
Rent	1712.50	3500.00	5212.50
Liability Insurance		600.00	600.00
Fitness Instructor	3450.00	0.00	3450.00
Langdon walk/run expense	2100.00	0.00	2100.00
Advertising/promotion	300.00	400.00	700.00
Capital Reserve	3000.00		3000.00
d. SUBTOTAL OTHER	10562.50	4500.00	15062.50
e. TOTAL EXPENDITURES (e=a+b+c+d)	11062.50	5000.00	16062.50
REVENUE (specify other sources of funding including fundraising, fees for service, other grants, etc.)			
Membership Fees	600.00		
Fitness Registrations	1440.00		
Walk/Run Revenue	2950.00		
Other grants and cash	6072.50		
f. TOTAL REVENUE	11062.50		
g. FCSS REQUEST (DEFICIT = Total of Column 3 Expenditures - Total Revenue)		5000.00	

Section 3: Langdon OK Seniors Club - Project Description

Overview: The Langdon Older Kids Seniors Club (OK Club) was incorporated Dec 8, 2015. It is a non-profit social club. It provides seniors in the Langdon and surrounding areas with social activities such as, monthly pot luck dinners, weekly exercise classes, brown bag information workshops, hobbies / crafts activities, games, and occasional field trips to local points of interests and events. Membership is open to all Langdon and area seniors who are 55 years and older. Those under 55 can join with board approval. Our current 2020 membership is 59.

Region of Operation: Langdon and surrounding area.

OK Club Mission / Objectives: The OK Club's mission is to provide an enlightening, engaging and informative social venue for the Seniors of Langdon. To actively promote and encourage new membership by advertising at community gatherings such as Langdon Days and by word of mouth.

Another one of our objectives is to collaborate with the other organizations in Langdon, working towards building of a shared permanent facility providing the seniors a dedicated space.

Statement of need: According to Statistics Canada there are 615 Langdon residents that are 55 years of age or over. Currently the only organization that supports this age group with social activities within Langdon is the OK Club. The need for the OK Club will grow as the number of seniors is projected to increase to almost 1000 within the next 5 years as the baby boomer population ages and as the population of Langdon grows. The OK club is targeting to grow this membership again in 2021. FCSS funding is required to keep membership and activity costs affordable and to make the club attractive to other potential members.

Running a Seniors Program in Langdon is challenging without a dedicated facility. The FCSS funds are required to operate and rent space to hold our programs. All of our functions are held in the Langdon Fieldhouse, which we rent from the Langdon Community Association. We also rent storage space, in the Fieldhouse. This is a huge benefit, as previously members had to transport supplies and materials they stored at their homes. The exercise program continues in popularity, and the socialization time afterward even more popular, with several members who don't participate in the exercise coming for coffee after exercise is over. Because of Covid 19 and physical distancing requirements we have had to turn people away. The capacity of the Fieldhouse is 30 and for exercise is 25. There is a concern this may result in a decrease in our membership.

We continue to look for ways to fund raise to reduce our dependency on Government Grants.

- All of our fund raising ventures were put on hold for 2020 due to the lockdown.

We will have to wait and see what the lockdown and limited capacity of the Fieldhouse will have on our 2021 membership. Hopefully people will stick with us even though they may not be able participate. With limited funds and space the OK Club is currently providing a popular and beneficial service to Langdon; but government partnership and funding is essential to continue its operation and expansion.

An FCSS grant will assist with funding of:

- Club operating expenses and Administration Costs.
- Rental of Langdon Field house for 1.5 hours of socialization 2 mornings per week keeping the cost of membership affordable.
- Rental of Langdon Field house for 4 hours once per month for pot luck dinners and activities.
- Rental of a storage compound in the Fieldhouse
- Advertising, brochures etc. to encourage new membership.
- Miscellaneous equipment and supplies as required.

Please see the budget page for further details.

Activities:

- Pot luck dinners and games night held monthly (September to June) has been cancelled. We plan to replace it with a social evening, however we have to restrict occupancy to 30. We have had close to 50 attendees at a pot luck event.
- Outings to local points of interests. These are temporarily put on hold.
- Instructor led Educational Workshops such as financial topics for seniors, estate planning, health and well being, and other topics of interest. We plan to restart these in October with the assistance of Chestermere FCSS
- Instructor lead exercise classes held two times per week (September to June). We restarted the exercise in September. Capacity of the Fieldhouse for exercise is 25 and we have had to turn people away.
- Partnering with Meals on Wheels to provide program support in Langdon.

Expected Outcomes through participating in club activities:

- Membership and activities are affordable for all Langdon and area seniors.
- Members are engaged within the community and have a feeling of social well being.
- Seniors are acquiring information and new life skills which are required to live healthy, safely and securely in a modern Rocky View community.
- Members have gained quality genuine friendships with other members of the club.
- Members are encouraging other seniors in the community to join and actively participate in the club.
- Physical and mental health is increased among its members and that has resulted in reduced dependence on the public health care system.

The Langdon OK Club hopes FCSS will continue to support our programs for Langdon Seniors.

Thank You for your past support and consideration.

Hugh Wilkie, Secretary/Treasurer, Langdon Older Kids Senior Club