

# Rocky View County Family & Community Support Services (FCSS)

# 2021 FCSS SPECIAL PROJECTS FUNDING APPLICATION (FUNDING PERIOD: JANUARY 1 – DECEMBER 31, 2021)

Please type or print legibly. Applicants must be a non-profit organization/agency that serves Rocky View County residents. All information provided is public. A project evaluation is required by February 28, 2022 if your application is successful. *Please note that faxed or e-mailed copies of the application will <u>not</u> be accepted. <u>It is strongly recommended that you courier or hand deliver your proposal (printed single sided pages only) and request confirmation of receipt. APPLICATION DEADLINE IS 4:00 P.M. SEPTEMBER 30, 2020 APPLICATIONS NOT RECEIVED BY THIS DEADLINE WILL NOT BE ACCEPTED.*</u>

Organization Name	Friends of Spirit Winds Ranch Society	
Project Name	Equine Assisted Learning for families and community wellness	
FCSS Funding Request (Maximum \$7,500)	\$7500.00	
(from Section 9.6 C Proposed Budget)		
E-Mail Address and Website	laurel@spiritwindsranch.ca / spiritwindsranch.ca	
Mailing Address (include postal code)	Box 474 Cochrane Alberta T4C 1A7	
Street Address (for courier purposes)	54101 Twp Road 270	
Agency Telephone Number	403.999.7763	
Agency Fax Number		
Executive Director Name	n/a	
Program Contact Name	Holly Strand / Chair, Board of Directors	
Phone Number (If different from above)		

E Please email confirmation of receipt of this application to: laurel@spiritwindsranch.ca

#### **2. PREVENTION**

In what way(s) is your program preventive in nature? Check the appropriate items from the following list. You will be required to report on each of the Outcomes that you have selected.

Provincial Outcome	Rocky View County Outcomes	
Improved social well-being of	Outcome 1: Individuals experience personal well-being. Indicators: Resilience; self-esteem; optimism; capacity to meet needs; autonomy; competence; personal engagement; meaning and purpose.	X
individuals	Outcome 2: Individuals are connected with others. Indicators: Quality of social relationships; social supports available; trust and belonging.	
	Outcome 3: Children and youth develop positively. Indicators: Developmental assets.	x

Provincial Outcome	Rocky View County Outcomes	
	Outcome 4: Healthy functioning families.	X
	Indicators: Positive family relationships; positive parenting; positive family communications.	

Outcome 5: Families have social supports.	×
Indicators: Extent and quality of social networks, family accesses resources as needed.	

Provincial Outcome	Rocky View County Outcomes	
	Outcome 6: The community is connected and engaged.	X
	Indicators: Social engagement; social support; awareness of the	
	community; positive attitudes toward others and the community.	
Improved social well-being of the community.	Outcome 7: Community social issues are identified and addressed.	5
	Indicators: Awareness of community social issues; understanding of community social issues; agencies and/or community members work	
	in partnership to address social issues in the community.	

### **3. PROJECT DESCRIPTION**

Attach a separate page providing a brief overview of your organization and the project.

- a) Describe briefly how this is a special project and how it will specifically support Rocky View County Residents. Rocky View County residents do not include people who reside in Airdrie, Beiseker, Chestermere, Cochrane, Crossfield, Irricana or Redwood Meadows. It does include those who live outside of these municipalities and within the hamlets located within the County's borders.
- b) Define your region of operation;
- c) Include the statement of need;
- d) The activities that will be used to address the need;
- e) The expected outcomes; and
- f) Agency/project mission. What is your mission and what are you currently doing to achieve your mission (e.g. other programs and services that are not a part of this application for funding)?

#### 4. PROJECT FIGURES

- a) Estimated Number of Total Program Participants: 96
- b) Estimated Number of County Resident Program Participants: Undetermined at this time
- c) Estimated Number of Volunteer Hours Related to Program: 550 Including Board of Directors and Volunteers

#### **5. SUPPORTING DOCUMENTS**

The following documents must be attached:

- a) Organization's Annual Financial Statement;
- b) Organization's Proposed Operating Budget includes contributions from other sources and detailed expenditures do not include in-kind supports, only actual dollars. A budget shell is attached on the next page if you wish to use it;
- c) List of Organization's Officers and Directors. Do not include personal contact information (home addresses, emails, or phone numbers);
- d) A copy of Alberta Societies Act Registration if new applicant.

Other documents may also be attached to the application form that provides further clarification.

## **3. PROJECT DESCRIPTION**

a) The Friends of Spirit Winds Ranch Society is comprised of a volunteer board of directors who are committed to supporting individuals and families via the delivery of E.A.L. Equine Assisted Learning Programs

Society supported programs offer opportunities to explore and develop both life skills and relationship building skills through equine communication in a safe, inclusive environment

## b) See attached map

c) Families and individuals in Rocky View County are facing unprecedented life challenges. The current economy and health related issues have resulted in many families and individuals facing social isolation and limited program availability in a safe and inclusive environment

d) Equine Assisted Learning Programs focus on using horses to deliver a series of programs and workshops. Individuals and families learn effective communication and collaboration skills by means of interacting with other program participants and equine teachers to solve a series of enjoyable and often challenging problems. E.A.L. is proven by University of Calgary studies to be an effective retentive approach in human development that encourages both individual and family growth.

e) E.A.L. programs have been observed by teaching professionals in Rocky View County and Cochrane Schools over the past 4 years. The positive feedback received from school principals, psychologists, guidance counselors and teachers has been overwhelming and encouraging with respect to positive behavioural change and growth in participants.

## f) The mission of Friends of Spirit Winds Ranch Society;

To provide opportunities for individuals and families in need to build life and relationship skills through interactions within small groups and a 1200 lb horse, facilitated by qualified E.A.L. instructors in a safe inclusive environment.

Friends of Sprit Winds Ranch Society will endeavour to adjust our EAL programming to accommodate family and members of the community at large during the 2020 year. Previously, focus for EAL programming has been primarily for at risk youth in partnership with our local school division. Currently the schools are in a holding pattern due to the pandemic and concerns related to group activities. We are hopeful that programming with at risk youth will resume at some point in 2021. The board of directors for our society has approved a shift in EAL programming to assist with perceived family and community stresses. The combination of economic hardship, social isolation, and potential mental health related issues are the basis for the EAL programming shift. We believe that the EAL programming (workshops) presented as wellness program will provide a preventative approach contributing to family and community stability.

As funding becomes available we are prepared to increase the number of sessions within our program as potential participants are identified or come forward. We are currently embarking on a marketing strategy within the Rocky View area.

### 6. CERTIFICATION OF COMPLIANCE:

This is to certify that to the best of my knowledge and belief, the information included in this application complies with the requirements and conditions set out in the Family and Community Support Services Act and Regulation. (https://www.alberta.ca/family-and-community-support-services-fcss-program.aspx)

The personal information on this form is being collected for the purpose of determining eligibility of an applicant to receive FCSS funding; to assist in administering the FCSS funding; and to monitor, assess, and evaluate your program. This information is collected under the authority of Section 33 (c) of the Freedom of Information and Protection of Privacy Act and may become public information once it is submitted to the FCSS program. Questions regarding the collection of this information can be directed to the Manager, Recreation, Parks and Community Support at 403.520.6307.

2021 PROPOSED BUDGET (Ensure all expenses to which you plan to direct the County F	Calculations are correct. Use in CSS funds. Column 1 + Colum	an 2 = Column 3)	mze me program
ITEM .	Column 1 2021 Costs to be paid or contributed by the Applicant and other funding partners (Agency Contribution)	Column 2 2021 Costs to be funded by County FCSS (Program Request)	Column 3 2021 Projected Yean • End Total Program Budget (Total Cost)
	EXPENSES		
PERSONNEL (specify positions and hour	s per week)		
Facilitator (\$65.00 per hour x 12 hrs x 4 sessions x 2 programs)		\$6,240	\$6,240
a. SUBTOTAL PERSONNEL		\$6240	\$6240
TRAVEL & TRAINING (specify)			
Insurance	\$2300	\$0	\$2300
Van maintanence (inclues gas, registration etc)	\$700	\$500	\$1200
b. SUBTOTAL TRAVEL & TRAINING	\$3000	\$500	\$3500
MATERIALS AND SUPPLIES (specify)			
PPE and Program supplies	\$500	\$500	\$1000
c. SUBTOTAL MATERIALS AND SUPPLIES	\$500	\$500	\$1000
OTHER (specify)			
Marketing	\$260	\$260	\$520
d. SUBTOTAL OTHER	\$260	\$260	\$520
e. TOTAL EXPENDITURES (e=a+b+c+d)	\$3760	\$7500	\$11260
REVENUE (specify other sources	of funding including fundraising	, fees for service, other g	rants, etc.)
f. TOTAL REVENUE	48500		
Rocky View County Other Grants & Donations	\$7500 \$3760	- 3115	
Total Revenue	\$11260		
g. FCSS REQUEST (DEFICIT = Total of Column 3 Expenditures - Total Revenue)			