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Rocky View County  
Family & Community Support Services (FCSS)

# 2021 FCSS GENERAL FUNDING APPLICATION

(FUNDING PERIOD: January 1 – December 31, 2021)

**\*ALL INFORMATION PROVIDED IS PUBLIC\***

APPLICATION DEADLINE IS 4:00 P.M. SEPTEMBER 30, 2020 NO EXCEPTIONS

1. ORGANIZATION INFORMATION	
Organization Name	Cochrane FCSS
Program Name	Rural Community support Program
FCSS Funding Request (over \$7,500) (from Section 9.6 C Proposed Budget)	\$95,000.00
E-Mail Address and Website	<a href="mailto:Wendy.farnsworth@cochrane.ca">Wendy.farnsworth@cochrane.ca</a> <a href="http://www.cochrane.ca">www.cochrane.ca</a>
Mailing Address (include postal code)	101 RancheHouse Road, Cochrane, AB T4C 2K8
Street Address (for courier purposes)	#1, 209 – 2 <sup>nd</sup> Ave. West, Cochrane, AB
Agency Telephone Number	403-851-2250
Agency Fax Number	403-851-2260
Executive Director Name	Kim Krawec
Program Contact Name	Wendy Farnsworth
Phone Number (If different from above)	

2. CERTIFICATION OF COMPLIANCE
This is to certify that to the best of my knowledge and belief, the information included in this application complies with the requirements and conditions set out in the Family and Community Support Services Act and Regulation. ( <a href="https://www.alberta.ca/family-and-community-support-services-fcss-program.aspx">https://www.alberta.ca/family-and-community-support-services-fcss-program.aspx</a> )

  
Signature (Agency Signing Authority)

Jeff Genung, Mayor  
Print Name & Title

  
Stacey Loe, General Manager, Legislative & Protective Services  
Name & Title

Date September 25, 2020

Submit Completed Documents to, or for further assistance contact:

Randy Ell, FCSS Coordinator 403.520.1289

Rocky View County,  
262075 Rocky View Point

Rocky View County, AB T4A 0X2

**Please note that faxed or e-mailed copies of the application will not be accepted. All proposals (printed single sided pages only) must be received in the Rocky View County main administration building by 4:00 p.m. SEPTEMBER 30, 2020. It is strongly recommended that you courier or hand deliver your proposal and request confirmation of receipt. APPLICATIONS NOT RECEIVED BY THIS DEADLINE WILL NOT BE ACCEPTED.**

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☒ Please email confirmation of receipt of this application to: wendy.farnsworth@cochrane.ca

Please indicate how you heard of the Rocky View County FCSS Program:

\_\_\_\_\_ newspaper ad      \_\_\_\_\_ social media      \_\_\_\_\_ website visit/search  
\_\_\_\_\_ word of mouth      ☒ X other (specify) We have received support from RVCFCSS for many years.

3. SOCIETY MEMBERSHIP (current)	
Number of Members	7
Membership Fee Per Member	N/A

4. TYPE OF ORGANIZATION	
Alberta Societies Act Registration Number:	
Charitable Number (if have one):	<input checked="" type="checkbox"/> Government Agency

5. DAYS AND HOURS OF OPERATION OF THE PROGRAM							
OPERATING HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	8:30am-4:30pm	8:30am-4:30pm	8:30am-4:30pm	8:30am-4:30pm	8:30am-4:30pm	Closed	Closed
Dates not Open:	Weekends and statutory holidays						
Statutory Holiday:	Closed			Other	Some evening and weekend sessions and events.		

6. DOCUMENTATION REQUIREMENTS:	ATTACHED
<u>Do not provide other attachments unless requested to do so.</u>	
List of current agency Board of Directors by name and Board position (Board information is requested to ensure sufficient governance and make members accessible to administration, if required.) Do not include personal contact information (home addresses, emails, or phone numbers).	<input checked="" type="checkbox"/>
Fee Policy and Schedule (if applicable)	<input type="checkbox"/>
Organizational Chart of Agency	<input checked="" type="checkbox"/>
Certificate of Incorporation under the Societies Act if new applicant. (Not applicable to other municipal governments and associated departments)	<input type="checkbox"/> Included <input checked="" type="checkbox"/> Not Applicable
Constitution and Bylaws (first time applicants only unless changes were made by previously funded groups)	<input type="checkbox"/>
Job description(s) for County FCSS funded positions requested (first time applicants only unless changes were made by previously funded groups)	<input type="checkbox"/>
Most recent Audited Financial Statement	<input checked="" type="checkbox"/>

*The personal information on this form is being collected for the purpose of determining eligibility of an applicant to receive FCSS funding; to assist in administering the FCSS funding; and to monitor, assess, and evaluate your program. This information is collected under the authority of Section 33 (c) of the Freedom of Information and Protection of Privacy Act and may become public information once it is submitted to the FCSS program. Questions regarding the collection of this information can be directed to the Manager, Recreation and Community Services at 403.520.6307.*

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### 7.1 PROGRAM DESCRIPTION

Provide a brief program description in a few sentences (to be used for publication by FCSS)

The Rural Community Support Program provides West Rocky View County communities with direct access to social service information and resources. Residents in West Rocky View County have direct access to free and confidential meetings, when problem solving, resource information, services referrals, and/or help navigating government systems, are needed.

### 7.2 PREVENTION

In what way(s) is your program preventive in nature? Check the appropriate items from the following list. You will be required to report on each of the Outcomes that you have selected.

Provincial Outcome	Rocky View County Outcomes	
Improved social well-being of individuals	Outcome 1: Individuals experience personal well-being. Indicators: Resilience; self-esteem; optimism; capacity to meet needs; autonomy; competence; personal engagement; meaning and purpose.	<input checked="" type="checkbox"/>
	Outcome 2: Individuals are connected with others. Indicators: Quality of social relationships; social supports available; trust and belonging.	<input type="checkbox"/>
	Outcome 3: Children and youth develop positively. Indicators: Developmental assets.	<input type="checkbox"/>
Improved social well-being of families	Outcome 4: Healthy functioning families. Indicators: Positive family relationships; positive parenting; positive family communications.	<input type="checkbox"/>
	Outcome 5: Families have social supports. Indicators: Extent and quality of social networks; family accesses resources as needed.	<input checked="" type="checkbox"/>
Improved social well-being of the community.	Outcome 6: The community is connected and engaged. Indicators: Social engagement; social support; awareness of the community; positive attitudes toward others and the community.	<input type="checkbox"/>
	Outcome 7: Community social issues are identified and addressed. Indicators: Awareness of community social issues; understanding of community social issues; agencies and/or community members work in partnership to address social issues in the community.	<input checked="" type="checkbox"/>

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### 7.3 PRIMARY TARGET

Indicate the Primary target at whom the program is aimed by estimating the percentage of the program's FCSS allocation that is directed to services in the following categories.

Children		0%
Youth	10	0%
Families	15	0%
Adults	20	0%
Seniors	20	
Volunteerism	10	
Community Development	25	0%
<b>Total</b>	<b>100</b>	<b>0%</b>

### 7.4 SOCIAL SERVICE CONTINUUM

Please indicate the percentage of each section below that your program provides.

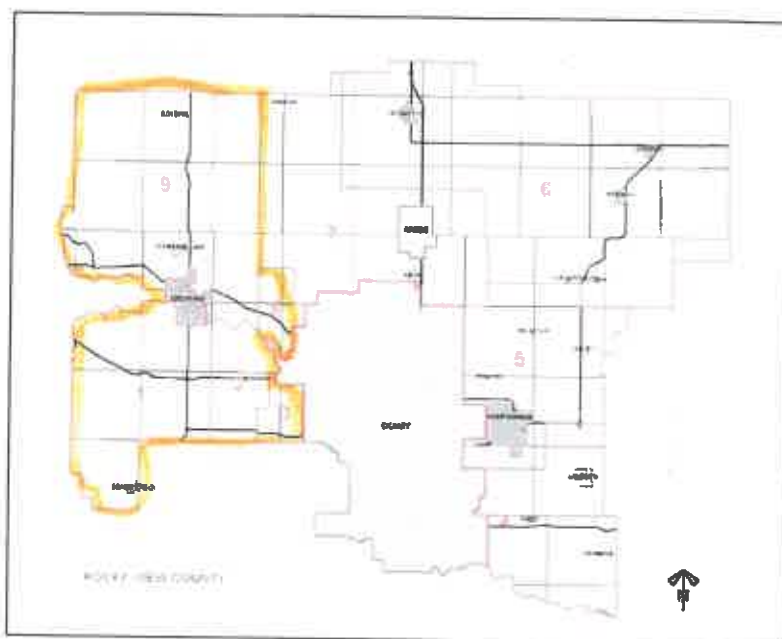
• <b>Promotion:</b> Programs and services that promote public education and awareness of social needs.	20	0%
• <b>Prevention:</b> Programs and services focused at the earliest opportunity on individuals and families whose social well-being in community life is at risk.	35	
• <b>Early Intervention:</b> Programs and services focused on individuals and families with identified early signs of unmet needs, who require support to enhance their social well-being.	30	0%
• <b>Specialized Services:</b> Programs and services for individuals and families focused on emerging social needs not yet sufficiently addressed by community support.	15	0%
• <b>Remediation Services:</b> Programs and services for individuals and families with clearly defined unmet needs, who require assessment, intervention, and treatment to enhance their social well-being.		0%
<b>Total</b>	<b>100</b>	<b>0%</b>

### 8. COORDINATION AND COMMUNICATION

**A. Identify organizations within the program's catchment area (define your region of operation; include towns and border of service area and also clearly mark it on the map with thick black lines) that provide similar services.**

The Rural Community Support Program provides services to West Rocky View County communities, which includes Bragg Creek, Springbank, Beaupre, Bearspaw, Bottrell and the rural areas between. The area includes sections 1, 2, 3, 9, and half of sections 7 and 8.

The Rural Community Support Worker has built relationships with the rural community centres (staff and board members), rural schools, some rural churches and local non-profit organizations and services. Through relationship building, the Bragg Creek Community Association made a commitment to provide office space to the Rural Community Support Program, and has been doing so since 2016.



**B. What cooperative and coordinative steps has the program taken with these agencies?**

The Rural Community Support Worker (RCSW) participates in a variety of community meetings, identifying community needs and collaborating to find solutions, ensuring there are no duplication of services.

Committees the Rural Community Support Worker is actively involved in include:

- The Rural Community Support Worker chairs the Seniors Advisory Committee for Cochrane and Area. The committee is made up of those who work with older adults in our communities, and public at large (older adults). Next month, our committee will become a partner with the Town of Cochrane, so a member of council will be appointed to attend our meetings. We work together to address current needs and challenges facing our older adults. One of our current initiatives is the Technology program. Apple has donated 25 ipads to our program, which will be kept at the Cochrane Public library. Those in need of technology equipment, can borrow an ipad and get instruction on how to use it safely (scam awareness included). This program was started, due to the need for technology support, with communication and programming going virtual, due to COVID. This committee continues to advocate for local hospice beds, in Cochrane and Bragg Creek, and much more.
- The Rural Community Support Worker is involved with the Older Adult Complex Case Collaboration table which includes professionals from AHS Cochrane Mental Health, Primary Care Network, local Medical doctors, and AHS Home Care. Each month we bring a complex case to the table and problem solve together, offering our clients complete wrap around support.
- Since 2013, the Rural Community Support Worker has been involved with the Bragg Creek and Area Wellness Network. This network is inclusive to anyone wanting to attend (local professionals and public at large from the area). Together we share information, network and identify community needs and wants. Prior to COVID, the Rural Community Support Worker responded to community concerns with the increase in drug use, specifically opiates, by organizing two sessions on Opioid Awareness and Naloxone kit training. These sessions were held at the Bragg Creek Community Association and were very well attended, with over 55 participants.
- In 2012, the Rural Community Support Worker identified a need to offer more support to chronic food hamper recipients and started the FIRM program (Financial Information and Resource Management). For 9 years, food hampers recipients and anyone else having financial difficulty, can access individual coaching and group



education sessions, covering basic money management skills, which include; Budgeting review, Debt repayment options, Asset review, Information on banking, credit, consumerism, and resource.

The RCS Worker has training partners and has been trained by Momentum Calgary (Certified Financial Literacy Educator) and Bow Valley College (Certified Financial Coach) and belongs to Aspire Financial Empowerment Collaborative. Aspire Calgary is a multi-sector collaborative founded in 2015 originally as the Financial Empowerment Collaborative by The United Way of Calgary and Area, the City of Calgary, Vibrant Communities Calgary, The Province of Alberta, Bow Valley College, and Momentum. The Financial Empowerment Collaborative transitioned to Aspire Calgary in 2018, with Momentum as the backbone organization.

- **School connections:** The RCS program delivers resources information to the schools and continually sends program and resource updates to the school support staff (Child Development Advisors, Guidance counsellors, and Administrators). The RCS organizes a yearly networking meeting for all local school support staff, for sharing resources information and discussing student and family needs. Local professionals from other services agencies are invited to attend.

**C. Describe the similarities and differences between the proposed program and those identified as being delivered by other organizations.**

FCSS is very good at filling social needs in our communities, so we (the Rural Community Support Worker included) are continually collaborating and bringing professionals together, so that the appropriate organizations provide the services necessary to fill the gaps identified. Information shared at these community meetings informs other organizations and the public so that duplication of efforts, resources and services does not occur. Instead, we refer to each other and work together.

The Rural Community Support Worker refers clients to other services, partners, organizations and agencies to avoid any duplication of services. When needed the RCSW will case collaborate to ensure that wrap around supports are provided to fully support people with complex needs. One example of this is the Older Adult Case Collaboration Table, which the RCSW participates in, monthly. We would discontinue a program if we found another agency was meeting the social need.

## **OUTCOMES MODEL**

(For further information on the outcomes model contact the County FCSS program for a copy of a toolkit.)

### **9.1 AGENCY/PROGRAM VISION**

**Desired social condition.** May be your agency's existing vision statement.

The Rural Community Support program works towards enhancing, strengthening and stabilizing individuals, family and community life. When working with clients, the Rural Community Support Worker strives to provide problem solving information, resources and referrals, while encouraging and building capacity.

When working with communities, the RCSW supports communities by encouraging and participating in inclusive gatherings, events and meetings. When needs are identified, the RCSW supports the local communities in finding their own unique solutions, which increases community strength and resiliency.

### 9.2 AGENCY/PROGRAM MISSION

Unique role in working towards the desired social condition. What are you currently doing to achieve your mission (e.g. other programs and services that are not a part of this application for funding)?

The 2010 Rocky View County Needs Assessment indicated that rural residents were willing to travel 20 to 25 minutes to access information and referral resources but would prefer to access support and resource information in their own community. In response to that feedback, the Rural and Community Support program was created. The program provides rural communities, organizations, agencies, and residents direct access to social service information, resources and referrals.

The RCSW takes advantage of local training and learning opportunities to stay current with new information, techniques, tools, strategies and best practices which help her better support solutions for the changing needs within our communities.

The RCSW supports and participates in many community events that strengthen the well being of individuals, families and communities. Some of these events include; Facilitating information presentations and speaking engagements, participating in open houses, community AGMs, community dinners, teas and fundraising events, plus Jacket Racket, Bragg Creek Days, Canada Day celebrations and other community strengthening events.

### 9.3 STATEMENT OF NEED

Problem statement; description of the situation you wish to change.

Awareness and communication continues to be a challenge as constant efforts are required to spread the word, regarding the RCS program, available resources, programming and events. Communicating through several modes is necessary to reach a growing population and different demographics. Examples: Social media, newspapers, newsletters, posters, word of mouth, etc.

Service provider fatigue: Due to budget cuts, increasing population growth, topped with the COVID pandemic, many service providers are trying to accomplish more with less support and staff, including those working for FCSS.

The rural communities have unique challenges which includes access to less services than residents in urban communities, especially for people needing medical appointments and supports, supportive living options, hospice, and emergency or affordable housing options.

COVID 19 pandemic challenges.

### 9.4 STRATEGY/ACTIVITIES

How will the program address the specified need? What goal or long-term change or impact do you want to achieve? What are you going to do in the program to achieve your goal(s)?

The RCSW will continue to share information and focus on those who will help spread the word. Example; Town of Cochrane communication department, Interagency members, Community Centres with memberships, those with a large social network, etc.

The RCSW will continue chairing and participating in collaborative meetings, including and inviting people who can support solutions, which will address identified issues.

It is important to build trust in rural communities, so relationships are continually being built and nurtured as people change employment and new residents move into the communities.

The RCSW provides rural outreach support. When transportation or mobility issues create a barrier, the RCS worker delivers services directly to the client. Example: Friendly visits, social service and resource information and food from the Cochrane Food bank, Meals in your Freezer program, and Helping Hands Community kitchen can be delivered to people homes, by the RCSW.

Currently Cochrane FCSS is undergoing strategic planning. We are evaluating our current work loads and creating realistic goals, focusing on working smart, with each other and our partners, so we can continue provide the best service to our communities and citizens.

Coordination efforts are also being made to work closely with the new Cochrane Family Resource Network (FRN), who will be servicing families with children ages 18 and under, in Cochrane and surrounding rural areas.

Through the COVID pandemic, the RCSW was available by telephone and virtual meetings for client and community work. Many volunteers and organizations came together quickly, to offer the public the most up to date resource information needed, during the closure. Now that we are back in the office, with safety protocols in place, the RCS program is focused on supporting communities and residents through the pandemic.

Virtual options quickly become a priority, which is actively being addressed. Example; Technology program

#### 9.5 RATIONALE

An explanation of why you believe this strategy or approach will work; include research if possible.

The RVC and Cochrane FCSS, have an excellent reputation for collaborating and breaking down barriers. We encourage and support other local organizations, agencies, and service providers to work with us, versus working alone in silos, and our communities and residents strongly benefit from this collaborative culture.

Even though we are currently in unprecedented times, we have stayed connected with provincial leaders, continue to gather and share information, collaborate and work well with our community partners, stakeholders, and volunteers. We continue to take a proactive approach to problem solving and best practices. This culture is taken into all the rural communities through the RCS program.

#### 9.6 INPUTS

**\*Please see end of application for budget shell. Budget sheet(s) MUST follow the template as provided.**

A. Have you researched or sourced other methods of funding? How do you propose to sustain this program?

The Rural Community Support program relies heavily on RVC FCSS, as its primary funder. Cochrane FCSS offers additional funding, and Kim Krawec, Cochrane FCSS Manager, successfully advocated for top up funds, from the Town of Cochrane, for pay equity.

The RCSW takes advantage of promoting free and low-cost programming.

When community needs are identified, and funding is required, a collaborative effort is made to find it.

Example: The Bragg Creek residents were deeply shaken by a teen suicide and requested more mental health support for youth, in their area. Through the Bragg Creek and Area Wellness Network, we obtained an AHS grant which afforded the Network to pay for the Make Good project to be delivered in Banded Peaks. Josh Clark founder of Make Good, ran the Youth Mental Health Wellness program at Mitford School with great success.

<https://cochrane-now.com/articles/mitford-students-do-grand-reveal-of-project-mental-wellness>. The Banded Peak program was started, but then put on hold due to COVID 19. We hope it will be able to start up again soon.

We also continued to promote the Community Helpers program which has been running virtual through COVID19, and is a popular program for youth, in the rural areas. Youth respond well to the virtual option.



B. Has this budget been authorized by your Board of Directors? Yes ☒ No ☐ If no, please explain:

**9.7 PROJECTED OUTPUTS** (Count of products and services delivered to the target group. For definitions, see the end of the report)

Please report the projected direct product of your activities, usually measured by volume of work accomplished. Must include projected number of individual participants, volunteers and volunteer hours. Other outputs may include projected number of training sessions, workshops, and community development programs. Include projected number of County residents utilizing services. Rocky View County residents do not include people who reside in Airdrie, Beiseker, Chestermere, Cochrane, Crossfield, Irricana or Redwood Meadows. It does include those who live outside of these municipalities and within the hamlets located within the County's borders.

**A. PROJECTED NUMBER OF INDIVIDUAL PARTICIPANTS SERVED:**

People served should only be counted once unless they are part of a family being served (see definitions). DO NOT include group participants, contacts, or community development initiatives if counted below.

Provide general summary of outputs here:

These numbers are people who would be served directly by the Rural Community Support Program and FIRM program

Number of Children/Youth (0 to 18 years)      Number of County Residents:

Number of Adults (19 to 64 years) 70      Number of County Residents: 30

Number of Seniors (65+ years) 85      Number of County Residents: 40

Number of Families 40      Number of County Families: 15

**B. PROJECTED NUMBER OF GROUPS SERVED:**

(e.g. workshops, training and/or education groups)

Provide general summary of outputs here:

Bragg Creek and Area Wellness Network

Seniors Advisory Committee

School meetings

Interagency meetings

Resources Information sharing presentations

Specific Information and Education sessions (depending on community need)

Number of Groups: 6      Total Number of Participants: 400      Number of County Residents: 150

**C. PROJECTED NUMBER OF CONTACTS PROVIDED:**

(e.g. providing assistance with forms/referral; telephone, mail outs, email, and social media)

Provide general summary of outputs here:

Contacts include direct service contacts (individual client meetings), telephone contacts, answering email enquiries, and providing information for newsletters, E-newsletters, and social media.

Number of Client contacts: 840      Number of County Residents: 315

**D. PROJECTED NUMBER OF COMMUNITY DEVELOPMENT INITIATIVES:**

(E.g. community assessment, mobilization, and/or advocacy committees. Do not include service to individuals)

Provide general summary of outputs here:

Community Development Initiatives include:

- Bragg Creek Wellness Network; Co-Chair and support role
- Seniors Advisory Committee: Chair and support role
- Child Development Advisors/ School Support Services Network Meeting: Organizer and facilitator
- Community Resource and Information Fairs – 4 communities
- Ad Hoc opportunities to support grass roots community development initiatives (eg. Technology program)

Number of Initiatives: 5      Number of Clients/Partners: 400/50      Number of County Residents: 150

### **E. VOLUNTEERISM**

a) What are the roles of volunteers in the program?

Advisory boards, engagement, client supports, community development.

b) How does the program promote, encourage, and facilitate the use of volunteers?

Inviting volunteers to participate in information sharing, need assessments, community development initiatives and specific supports for residence where services are not available.

c) Total number of volunteers in agency/program:

60

d) Total number of volunteer hours in 2019:

330

e) Estimated number of volunteer hours until the end of 2020:

700

### **9.8 EXPECTED OUTCOMES**

Statements, which describe the difference the agency/program intervention will make with clients in the short term, mid-term, and long term. These must logically connect to the Provincial and Rocky View County Outcomes in Section 7.2.

**Outcome 1: Individuals experience personal well-being.**

Short-term: Increased understanding of personal needs and of the skills that help meet them; increased understanding of competence in these areas.

Mid-term: Increased skills required to meet personal needs; increased sense of competence- depends on intervention/course attended (communication skills, healthy relationships, problem solving, planning, money management).

Long-term: Individuals can identify and meet their personal needs; individuals feel competent to identify and meet their personal needs.

**Outcome 2: Families have social supports.**

Short-term: Increased awareness of how connected families feel to others in their community; increased awareness of social supports available in community.

Mid-term: Increased experience of social support from others in community; increased connection to social supports in community.

Long-term: Families identify and access social supports in community.

**Outcome 3: Community social issues are identified and addressed.**

Short-term: Community issues are identified by community members/ groups; community members' awareness of local social issues is raised.

Mid-term: Community members / groups plan to address identified social issues.

Long-term: Community issues are addressed by community members and groups

### **9.9 OUTCOME INDICATORS**

List the specific items of information that you will track to measure your program's success on outcomes. These are generally in the form of a cluster of questions or surveys and relate directly to the Rocky View County Outcome Indicators listed in Section 7.2. Copies of the Provincial FCSS Measures Bank are available upon request.

**Outcome 1: Individuals experience personal well-being.**

Indicator: Optimism

PM-3-I believe I have the ability to improve my life

Indicator: Capacity to meet needs

PM 11-I am able to get by financially on my monthly income

**Outcome 5: Families have social supports**

**Indicator: Extent and Quality of Social Networks**

**PM 4 My family has people we can count on to help us**

**Indicator: Family Accesses Resources as Needed-**

**PM 1 I know what resources are available for my family**

**Outcome 7: Community social issues are identified and addressed.**

**Indicator: Awareness of Community Social Issues**

**PM 1 I am aware that ..... is a social issue in my community.**

**Indicator: Agencies and/or Community Members work together in partnership to address social issues in the community.**

**PM 1 I have / my organization has good working relationships with other community agencies.**

#### **10. ADDITIONAL INFORMATION**

**Please provide a brief agency/program history.**

The Rural Community Support program was started in 2011, in response to the 2010 Rocky View County Needs Assessment, when rural residents stated they would like access to resources in their own communities.

The Rural Community Support Program has been supervised by the past Coordinator, with the Western Rocky View Family and Community Resource Centre (Resource Centre), at Cochrane Family and Community Support Services (FCSS), which operates under the auspices of the Town of Cochrane (municipal government department).

Recent funding changes, from Children and Family Services funding, caused the closure of both the Western Rocky View Family and Community Resource Centre (Resource Centre) and Cochrane Parent Link Centre, in March, 2020. Children and Family Services now funds the new Family Resource Network, which will be fully operational October 1<sup>st</sup>, 2020.

The Rural Community Support program is now supervised and operates under Cochrane FCSS, and the program itself remains consistent. Only changes in community needs will change the specific work done within the RCS program.

Thank you for your generous support and encouragement over the past 10 years. It is greatly appreciated.

#### **11. STORIES**

**Please provide 1 or 2 short anecdotal stories about some of your County rural clients who have received services from your organization, and how their situation has improved as a result of their involvement in this program. This story may be used for publication by FCSS. Please do not include any client identifying information.**

### **Story**

#### **Initial client meeting:**

A rural man, living with his domestic partner, came in to see the Rural Community Support Worker, requesting financial support. He was retired and collecting CPP & OAS.

#### **Presenting issues: Financial**

- Vehicle repossessed.
- Credit Card debt.
- Revenue Canada seized bank account for unpaid taxes.

#### **Support provided by RCSW:**

- Food hampers arranged and delivered to his home due to a lack of transportation.
- Information provided on local transportation options.
- Referral was made to Cochrane FCSS Volunteer Income Tax program.
- Tax volunteer helped him get caught up, by completing several years of overdue taxes.
- FCSS Emergency funds paid his outstanding power and cell phone bills and disconnections were avoided.

#### **Visit 2**

Client still struggling with finances.

#### **RCSW provided:**

- Budgeting information, debt repayment options and financial planning discussion.
- More Food hampers arranged to subsidize his budget, while client gets financially caught up.

#### **Visit 3**

Client disclosed domestic violence. He shared that he was physically assaulted by his domestic partner. Client's partner was arrested and removed from the home. Client's partner struggles with addiction and mental health and has been financially dependant on the client, who is now paying for his partner's lodging (at a hotel). Partner is unable to return to their home due a court order.

Client is struggling with stress. He wants to make changes and move away from the abusive relationship, but worries for his partner, whom he still loves, regardless of the abuse.

#### **RCSW provided:**

- Supportive counselling.
- Local housing options were discussed.
- Referral to AHS Addiction Counsellor for support and help coping with his loved one's addiction.
- Referral to DV outreach worker from Big Hill Haven.

#### **Visit 4**

##### **Follow up appointment:**

- RCSW provided supportive counselling.
- Confirmation: Client is connected to DV outreach worker, who will accompany client to his partner's court hearing, providing the client with court support and ongoing DV support.
- Encouraged client to contact CRA to set up a sustainable and consistent payment plan.

#### **Visit 5**

Client shared that he was diagnosed with cancer. He was very worry about his prognosis. He was also upset that his partner was not able to provide him with any emotional support.

#### **RCSW provided:**

- Supportive counselling.
- Arranged volunteer driving program to take client to chemotherapy treatments.
- Arranged for Helping Hands meals (free pre-made meals) and delivered the meals to his home, during chemo treatments.

#### **Visit 6:**

Client reached out to RCSW, to share his sorrow. His partner overdosed and passed away. The client was grief stricken and also needed to take care of his partners affairs.

Over the next few months, the RCSW continued to provide:

- Weekly supportive telephone conversations or friendly visits, depending on the client was feeling (health).
- Further discussions on supportive housing options, due to the clients declining health.
- The need for Cochrane Home Care was discussed.
- Pre-made meal deliveries continued
- Volunteers arranged to help client with general household chores.

During COVID, face to face visits stopped and a family member, from out of town, came to help the client, as often as possible. During one telephone check in, the client informed me that the side effects from the chemotherapy had landed him in the hospital. The last contact I had from him, was from his family member, informing me that the client was now in hospice, as his cancer has spread throughout his body.

The story is a reminder of how important outreach support is for people living in isolation, who have very little or no family close by, and dealing with complex issues.

**INSERT BUDGET DETAILS ON THE FOLLOWING PAGE  
DO NOT INCLUDE IN-KIND SUPPORTS, ONLY ACTUAL DOLLARS  
AN EXCEL SPREADSHEET IS AVAILABLE FOR INSERTION**



### 2021 Rocky View County FCSS Budget Page

Please ensure that section 9.6 C. starts on a page(s) with no other sections on the page(s). For consistency purposes, it is **IMPERATIVE** that you use the following template as provided and **NOT** modify it, other than adding additional lines.

<b>9.6 C. INPUTS</b> (Resources dedicated to the project. Include staff and budget for one year.)			
<b>2021 PROPOSED BUDGET</b> (Ensure all calculations are correct. Use the second column to itemize the program expenses to which you plan to direct County FCSS funds. Column 1 + Column 2 = Column 3)			
ITEM	Column 1 2021 Costs to be paid or contributed by the Applicant and other funding partners (Agency Contribution)	Column 2 2021 Costs to be funded by County FCSS (Program Request)	Column 3 2021 Projected Year End Total Project Budget (Total Cost)
<b>EXPENSES</b>			
<b>PERSONNEL</b> (specify positions and hours per week)			
Rural Community Support Worker		79,000.00	79,000.00
Benefits	4,750.00	15,000.00	19,750.00
FCSS Manager (supervision)	5,000.00		5,000.00
			0.00
<b>a. SUBTOTAL PERSONNEL</b>	<b>9,750.00</b>	<b>94,000.00</b>	<b>103,750.00</b>
<b>TRAVEL &amp; TRAINING</b> (specify)			
Mileage to Rocky View County communities	3,250.00	0.00	3,250.00
Staff Training/Professional Development		1,000.00	1,000.00
			0.00
			0.00
<b>b. SUBTOTAL TRAVEL &amp; TRAINING</b>	<b>3,250.00</b>	<b>1,000.00</b>	<b>4,250.00</b>
<b>MATERIALS AND SUPPLIES</b> (specify)			
Program and event promotional materials	1,000.00		1,000.00
Office supplies	1,000.00		1,000.00
			0.00
			0.00
<b>c. SUBTOTAL MATERIALS AND SUPPLIES</b>	<b>2,000.00</b>	<b>0.00</b>	<b>2,000.00</b>
<b>OTHER</b> (specify)			
Office rent	3,220.00		3,220.00
Cell Phone	780.00		780.00
Contracts: to bring external facilitators/speakers to rural areas	1,000.00		1,000.00
			0.00
<b>d. SUBTOTAL OTHER</b>	<b>5,000.00</b>	<b>0.00</b>	<b>5,000.00</b>
<b>e. TOTAL EXPENDITURES</b> (e=a+b+c+d)	<b>20,000.00</b>	<b>95,000.00</b>	<b>115,000.00</b>
<b>REVENUE</b> (specify other sources of funding including fundraising, fees for service, other grants, etc.)			
Cochrane FCSS/Town of Cochrane	10,000.00		
Other grant funding	10,000.00		
<b>f. TOTAL REVENUE</b>	<b>20,000.00</b>		
<b>g. FCSS REQUEST</b> (DEFICIT = Total of Column 3 Expenditures – Total Revenue)		<b>95,000.00</b>	

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**COMPLETE THIS SECTION ONLY IF YOU RECEIVED 2020 COUNTY FCSS FUNDING AND ARE APPLYING FOR AN INCREASE.**

<b>12. 2021 FUNDING INCREASE REQUEST EXPLANATION</b>	
<b>A. 2020 County FCSS Grant</b>	
<b>B. 2021 County FCSS Request</b>	
<b>C. Does this request result from a decrease in other funding support? Specify.</b>	
<b>D. Identify requested funding increase. List each category and the amount of increase (e.g. Personnel, Materials and Supplies).</b>	
<b>E. Provide a rationale together with supporting data, using demographics as necessary.</b>	
<b>F. How will this increase impact clients and services? How will the change be measured? If the increase is not granted, what effect will it have?</b>	
<b>G. Outline the efforts already taken to accommodate the proposed program adjustment.</b>	
<b>H. How many years have you received County FCSS funding?</b>	

**THE FOLLOWING PAGES ARE FOR REFERENCE PURPOSES ONLY.**  
**PLEASE DETACH THEM FROM YOUR APPLICATION**