

Rocky View County Family & Community Support Services (FCSS)

RECEIVED
Aug 24/21

(FUNDING PERIOD: JANUARY 1 – DECEMBER 31, 2022)

Please type or print legibly. Applicants must be a non-profit organization/agency that serves Rocky View County residents. **Please note that faxed or e-mailed copies of the application will not be accepted. It is strongly recommended that you courier or hand deliver your proposal (printed single sided pages only) and request confirmation of receipt. APPLICATION DEADLINE IS 4:00 P.M. AUGUST 30, 2021 - APPLICATIONS NOT RECEIVED BY THIS DEADLINE WILL NOT BE ACCEPTED.**

| 1. ORGANIZATION INFORMATION | |
|--|---|
| Organization Name | Langdon Older Kids Seniors Club |
| Project Name | Supplement to Annual Operating Costs |
| FCSS Funding Request (Maximum \$7,500) (from Section 9.6 C Proposed Budget) | \$3600.00 |
| E-Mail Address and Website | langdonokclub@gmail.com langdonokclub.com |
| Mailing Address (include postal code) | 273 Boulder Creek Dr Langdon AB T0J 1X3 |
| Street Address (for courier purposes) | 273 Boulder Creek Drive Langdon |
| Agency Telephone Number | 403-954-2005 |
| Agency Fax Number | |
| Executive Director Name | Larry Haines |
| Program Contact Name | Hugh Wilkie |
| Phone Number (If different from above) | |

☒ Please email confirmation of receipt of this application to: Click here to enter text [REDACTED]

| 2. PREVENTION | | |
|--|--|---------------------------------------|
| In what way(s) is your program preventive in nature? Check the appropriate items from the following list. You will be required to report on each of the Outcomes that you have selected. | | |
| Provincial Outcome | Rocky View County Outcomes | |
| Improved social well-being of individuals | Outcome 1: Individuals experience personal well-being. Indicators: Resilience; self-esteem; optimism; capacity to meet needs; autonomy; competence; personal engagement; meaning and purpose. | <input checked="" type="checkbox"/> X |
| | Outcome 2: Individuals are connected with others. Indicators: Quality of social relationships; social supports available; trust and belonging. | <input checked="" type="checkbox"/> X |
| | Outcome 3: Children and youth develop positively. Indicators: Developmental assets. | <input type="checkbox"/> |

| Provincial Outcome | Rocky View County Outcomes | |
|--|--|--------------------------|
| Improved social well-being of families | Outcome 4: Healthy functioning families. Indicators: Positive family relationships; positive parenting; positive family communications. | <input type="checkbox"/> |
| | Outcome 5: Families have social supports. Indicators: Extent and quality of social networks; family accesses resources as needed. | <input type="checkbox"/> |

| Provincial Outcome | Rocky View County Outcomes | |
|--------------------|--|----------------------------|
| | Outcome 6: The community is connected and engaged. Indicators: Social engagement; social support; awareness of the community; positive attitudes toward others and the community. | <input type="checkbox"/> X |
| | Outcome 7: Community social issues are identified and addressed. Indicators: Awareness of community social issues; understanding of community social issues; agencies and/or community members work in partnership to address social issues in the community. | <input type="checkbox"/> X |

3. PROJECT DESCRIPTION

Attach a separate page providing a brief overview of your organization and the project.

- a) Describe briefly how this is a special project and how it will specifically support Rocky View County Residents. Rocky View County residents do not include people who reside in Airdrie, Beiseker, Chestermere, Cochrane, Crossfield, Irricana or Redwood Meadows. It does include those who live outside of these municipalities and within the hamlets located within the County's borders.
- b) Define your region of operation;
- c) Include the statement of need;
- d) The activities that will be used to address the need;
- e) The expected outcomes; and
- f) Agency/project mission. What is your mission and what are you currently doing to achieve your mission (e.g. other programs and services that are not a part of this application for funding)?

4. PROJECT FIGURES

- a) Estimated Number of Total Program Participants: 60
- b) Estimated Number of County Resident Program Participants: 56
- c) Estimated Number of Volunteer Hours Related to Program: 3000

5. SUPPORTING DOCUMENTS

The following documents must be attached:



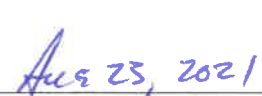
- a) Organization's Annual Financial Statement;
- b) Organization's Proposed Operating Budget – include contributions from other sources and detailed expenditures, do not include in-kind supports, only actual dollars. A budget shell is attached on the next page if you wish to use it;
- c) List of Organization's Officers and Directors. Do not include personal contact information (home addresses, emails, or phone numbers);
- d) A copy of Alberta Societies Act Registration if new applicant.

Other documents may also be attached to the application form that provides further clarification.

6. CERTIFICATION OF COMPLIANCE:

This is to certify that to the best of my knowledge and belief, the information included in this application complies with the requirements and conditions set out in the Family and Community Support Services Act and Regulation. (<https://www.alberta.ca/family-and-community-support-services-fcss-program.aspx>)

A project outcomes evaluation is required by February 28, 2023 if your application is successful.

(Signature of Applicant)
 (Print Name & Title)
 (Date)

Please indicate how you heard of the Rocky View County FCSS Program:

_____ newspaper ad _____ social media _____ website visit/search
_____ X word of mouth _____ other (specify) _____

Submit Completed Documents to:

Dimitri Dimopoulos, FCSS Coordinator
Rocky View County
262075 Rocky View Point
Rocky View County, AB T4A 0X2

**For further assistance, please call 403.520.1289
or email fcss@rockyview.ca**

****ALL INFORMATION PROVIDED IS PUBLIC****

The personal information on this form is being collected for the purpose of determining eligibility of an applicant to receive FCSS funding; to assist in administering the FCSS funding; and to monitor, assess, and evaluate your program. This information is collected under the authority of Section 33 (c) of the Freedom of Information and Protection of Privacy Act and may become public information once it is submitted to the FCSS program. Questions regarding the collection of this information can be directed to the Manager, Recreation, Parks and Community Support at 403.520.6307.

9.6 C. INPUTS (Resources dedicated to the program. Include staff and budget for one year.)

2022 PROPOSED BUDGET (Ensure all calculations are correct. Use the second column to itemize the program expenses to which you plan to direct the County FCSS funds. Column 1 + Column 2 = Column 3)

| ITEM | Column 1 2022 Costs to be paid or contributed by the Applicant and other funding partners (Agency Contribution) | Column 2 2022 Costs to be funded by County FCSS (Program Request) | Column 3 2022 Projected Year End Total Program Budget (Total Cost) |
|---|---|---|--|
| EXPENSES | | | |
| PERSONNEL (specify positions and hours per week) | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| a. SUBTOTAL PERSONNEL | | | |
| TRAVEL & TRAINING (specify) | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| b. SUBTOTAL TRAVEL & TRAINING | | | |
| MATERIALS AND SUPPLIES (specify) | | | |
| Socialization supplies and materials | 400.00 | 400.00 | 800.00 |
| | | | |
| | | | |
| c. SUBTOTAL MATERIALS AND SUPPLIES | 400.00 | 400.00 | 800.00 |
| OTHER (specify) | | | |
| Rent | 1450.00 | 2600.00 | 4050.00 |
| Liability Insurance | | 600.00 | 600.00 |
| Fitness Instructor | 3500.00 | 0.00 | 3500.00 |
| Advertising/Promotion | 200.00 | 0.00 | 200.00 |
| | | | |
| d. SUBTOTAL OTHER | 5150.00 | 3200.00 | 8350.00 |
| e. TOTAL EXPENDITURES (e=a+b+c+d) | 5550.00 | 3600.00 | 9150.00 |
| REVENUE (specify other sources of funding including fundraising, fees for service, other grants, etc.) | | | |
| Membership Fees | 600.00 | | |
| Fitness Registrations | 1440.00 | | |
| Other grants and cash | 3510.00 | | |
| | | | |
| f. TOTAL REVENUE | 5550.00 | | |
| g. FCSS REQUEST (DEFICIT = Total of Column 3 Expenditures – Total Revenue) | | 3600.00 | |

Section 3: Langdon OK Seniors Club - Project Description

Overview: The Langdon Older Kids Seniors Club (OK Club) was incorporated Dec 8, 2015. It is a non-profit social club. It provides seniors in the Langdon and surrounding areas with social activities such as, monthly pot luck dinners, weekly exercise classes, brown bag information workshops, hobbies / crafts activities, games, and occasional field trips to local points of interests and events. Membership is open to all Langdon and area seniors who are 55 years and older. Those under 55 can join with board approval. Our current 2021 membership is 43.

Region of Operation: Langdon and surrounding area.

OK Club Mission / Objectives: The OK Club's mission is to provide an enlightening, engaging and informative social venue for the Seniors of Langdon. Actively promote and encourage new membership by advertising at community gatherings such as Langdon Days, by word of mouth, and our website, www.okclub.com.

Another one of our objectives is to collaborate with the other organizations in Langdon, working towards building of a shared permanent facility providing the seniors a dedicated space.

Statement of need: According to [Statistics Canada](https://www150.statcan.gc.ca/n1/pub/92-62-x/2019001/article/00001-eng.htm) there are 615 Langdon residents that are 55 years of age or over. Currently the only organization that supports this age group with social activities within Langdon is the OK Club. The need for the OK Club will grow as the number of seniors is projected to increase to almost 1000 within the next 5 years as the baby boomer population ages and as the population of Langdon grows. The OK club is targeting to grow this membership again through the rest of 2021 and 2022. Due to the Covid shutdown our membership renewals have suffered in 2021. We are optimistic, with the restart of our programs in Sept 2021, we will see those members who have not renewed yet to do so. FCSS funding is required to keep membership and activity costs affordable and to make the club attractive to other potential members.

Running a Seniors Program in Langdon is challenging without a dedicated facility. The FCSS funds are required primarily to rent space to hold our few programs. All of our functions are held in the Langdon Fieldhouse, which we rent from the Langdon Community Association. We also rent storage space from the LCA, in the Fieldhouse. This is a huge benefit, as previously members had to transport supplies and materials they stored at their homes. The exercise program continues to be very popular. We had to discontinue the exercise program in late 2020 because of Covid; but we did run it via Zoom and had about ½ of the participation we normally have. The socialization time afterward exercise was missed; but those that participated in exercise continued with a short visiting time on Zoom after exercise was completed. When we did hold exercise in person (fall 2020) we had to turn people away due to physical distancing. At the time of writing we have had an increase in people voicing interest in the exercise program. The Fieldhouse can comfortably accommodate 20 participants, with 25 being the maximum. In the past we have taken more registrants than we could accommodate, relying on absences to stay under capacity. We hope we do not have to turn people away.

We continue to look for ways to fund raise to reduce our dependency on Government Grants.

- All of our fund raising ventures were put on hold for 2021 due to Covid.

With limited funds and space the OK Club is currently providing a popular and beneficial service to Langdon; but government partnership and funding is essential to continue its operation and expansion.

An FCSS grant will assist with funding of:

- Club operating expenses and Administration Costs.
- Rental of Langdon Field house for 1.5 hours of socialization 2 mornings per week keeping the cost of membership affordable.
- Rental of Langdon Field house for 4 hours once per month for pot luck dinners and activities.
- Rental of a storage compound in the Fieldhouse
- Miscellaneous equipment and supplies as required.

Please see the budget page for further details.

Activities:

- Pot luck dinners and games night held monthly (September to June) will resume starting September 2021.
- Instructor led Educational Workshops such as financial topics for seniors, estate planning, health and well being, and other topics of interest.
- Instructor lead exercise classes held two times per week (September to June).
- Partnering with Meals on Wheels to provide program support in Langdon.

Expected Outcomes through participating in club activities:

- Membership and activities are affordable for all Langdon and area seniors.
- Members are engaged within the community and have a feeling of social well being.
- Seniors are acquiring information and new life skills which are required to live healthy, safely and securely in a modern Rocky View community.
- Members have gained quality genuine friendships with other members of the club.
- Members are encouraging other seniors in the community to join and actively participate in the club.
- Physical and mental health is increased among its members and that has resulted in reduced dependence on the public health care system.

The Langdon OK Club hopes FCSS will continue to support our programs for Langdon Seniors.

Thank You for your past support and consideration.

Hugh Wilkie, Secretary/Treasurer, Langdon Older Kids Senior Club

LANGDON OLDER KIDS SENIORS CLUB
BOARD OF DIRECTORS

Haines, Larry Vice President (Acting President)

Wilkie, Hugh Secretary/Treasurer

Wilkie, MaryLee Board Member

Marlene Blackman Board Member

Klotz, Marilyn Board Member

Lidstone, Ron Board Member

2022 OK CLUB BUDGET

| COST CODE | ACTIVITY | 2021 forecast | FREQUENCY | how many | UNIT COST | 2022 ESTIMATE | 2022 FORECAST | REQUEST FOR FCSS GRANT |
|-----------|--|-------------------|------------------------|------------------|-----------|-------------------|---------------|------------------------|
| 100-10 | MEMBERSHIP FEES | \$516.00 | 1 X per year | 50 | \$12.00 | \$600.00 | | |
| 120-10 | DONATIONS | \$0.00 | | | | | | |
| 130-10 | FITNESS REGISTRATIONS | \$780.00 | 3 X per year @ 24 each | 72 | \$20.00 | \$1,440.00 | | |
| 140-20 | ADMISSION FEES COLLECTED | \$0.00 | | | | | | |
| 140-10 | FCSS GRANTS | \$5,000.00 | | | | | | |
| 150-10 | RVC GRANTS | \$0.00 | | | | | | |
| 160-10 | MISCELLANEOUS INCOME | \$0.00 | | | | \$0.00 | | |
| 170-10 | LANGDON RECREATION PLUS GRANT | | | | | \$0.00 | | |
| 180-10 | SPONSORSHIP DONATIONS RE LANGDON WALK/RUN | | | | | | | |
| 180-15 | LANGDON WALK/RUN ENTRY FEES | | | | | | | |
| 180-20 | LANGDON WALK/RUN CONSUMABLE SALES | | | | | | | |
| 190-10 | GARAGE SALE INCOME | | | | | | | |
| 190-50 | GAMING PROCEED FOR CASINO ADVISOR | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | TOTAL INCOME | \$6,296.00 | | | | \$2,040.00 | \$0.00 | |
| | | | | | | | | |
| COST CODE | ACTIVITY | 2021 forecast | FREQUENCY | how many | UNIT COST | 2022 ESTIMATE | TOTAL COST | |
| 200-10 | socialization hall rental pot luck suppers | \$240.00 | once per mo | 10 X 4 hrs X 15 | \$60.00 | \$600.00 | | \$500.00 |
| 200-10 | socialization hall rental Fieldhouse | \$1,350.00 | 2 X per week | 76 X 1.5 hr X 15 | \$15.00 | \$1,710.00 | | \$1,500.00 |
| 200-10 | Hall cleaning fees re Covid | \$0.00 | 40 weeks | 40 | \$30.00 | | | |
| 200-15 | socialization supplies and materials | \$400.00 | 10 months | 10 | \$80.00 | \$800.00 | | \$400.00 |
| 200-80 | insurance and registrations | \$600.00 | 1 time | 1 | \$600.00 | \$600.00 | | \$600.00 |
| 200-10 | Storage space rental Fieldhouse | \$600.00 | 12 months | 12 | \$50.00 | \$600.00 | | \$600.00 |
| 200-40 | bank charges | \$0.00 | | | \$0.00 | \$0.00 | | |
| 200-60 | Training courses | \$0.00 | | | \$0.00 | \$0.00 | | |
| 200-65 | training travel and meal expense | \$0.00 | | | \$0.00 | \$0.00 | | |
| 200-70 | advertising (includes parade) | \$400.00 | 1 time | 1 | | \$200.00 | | |
| | | | | | | | | |
| | TOTAL | \$3,590.00 | | | | \$4,510.00 | \$0.00 | \$3,600.00 |
| | | | | | | | | |
| 200-20 | fitness hall rental Fieldhouse | \$465.00 | 2 X per week | 76 X 1 hr X 15 | \$15.00 | \$1,140.00 | | |
| 200-25 | fitness instructor | \$3,677.00 | 2 X per week | 76 X 1 hr | \$46.00 | \$3,500.00 | | |
| 200-30 | transportation costs | \$0.00 | | | | | | |
| 200-50 | admissions (everybody pays their own way) | \$0.00 | | | | | | |
| 200-90 | MISCELLANEOUS EXPENSES | \$0.00 | | | | | | |
| | | | | | | | | |
| 300-10 | CAPITAL RESERVE ACCOUNT | \$0.00 | | | | | | |
| | | | | | | | | |
| 400-10 | LANGDON WALK/RUN EXPENSES -- CONSUMABLES | \$0.00 | | | | | | |
| 400-20 | LANGDON WALK/RUN EXPENSES -- NON-CONSUMABLES | \$0.00 | | | | | | |
| | | | | | | | | |
| | TOTAL | \$4,142.00 | | | | \$4,640.00 | \$0.00 | |
| | TOTAL OF ALL EXPENSES | \$7,732.00 | | | | \$9,150.00 | | |
| | | | | | | | | |

F-4(p)
FCSS
2022

Langdon Older Kids Seniors Club

Corporate Access Number 5019465243

For the year 01/01/2020 to 31/12/2020

ASSETS

| | |
|-----------------------------------|-------------|
| Cash-Bank Operating Account | \$5,192.98 |
| Cash-Bank Reserve Account | \$11,000.00 |
| Credit Union Common Share Account | \$5.60 |
| Other Assets | \$5,044.33 |

TOTAL ASSETS

\$21,242.91

LIABILITIES

| | |
|------------------|--------|
| Accounts Payable | \$0.00 |
|------------------|--------|

TOTAL LIABILITIES

\$0.00

INCOME

| | |
|-------------------------------|------------|
| Membership Fees | \$687.00 |
| Donation and Fund Raising | \$38.00 |
| Registration Fees | \$1,080.00 |
| Admission Fees Collected | \$715.00 |
| FCSS Grants | \$4,500.00 |
| RVC Grants | \$0.00 |
| Langdon Recreation Plus Grant | \$0.00 |
| Miscellaneous Income | \$10.40 |

TOTAL INCOME

\$7,030.40

DISBURSEMENTS

| | |
|-------------------------------|------------|
| Hall Rental | \$3,330.00 |
| Supplies and Materials | \$544.45 |
| Instructor for Fitness | \$2,134.13 |
| Transportation Costs | \$0.00 |
| Bank Charges | \$0.00 |
| Admissions | \$715.00 |
| Training Course Registrations | \$0.00 |
| Miscellaneous Expense | \$132.29 |
| Advertising | \$302.61 |
| Insurance and Registrations | \$592.25 |

TOTAL DISBURSEMENTS

\$7,750.73

NOTE:

\$3000.00 reclassified from Operating Account to Capital Reserve Account

APPROVAL STATEMENT

This financial statement has been reviewed and approved by:

Beverly Lidstone

Printed name

Beverly Lidstone

Signature

Member

Position

Mar 4/2021

Date

Lynn Britton

Printed name

Lynn Britton

Signature

Member

Position

Mar 4/21

Date