



Family and Community Supports Services Rocky View County 2025 Funding Application and Report



☒ Funding Application

☐ Annual Report

	General Funding Large (\$10,000 and over)	General Funding Small (under \$10,000)	Special Project (\$7,500 and under)	Total
FCSS Funding Request			\$ 7,500.00	\$ 7,500.00
FCSS Funding Received (actual)				\$ 0.00

1. AGENCY INFORMATION

Agency Name	Bragg Creek and Redwood Meadows Wellness Network
Program/Project Name	Bragg Creek and Area Tableside Talks
Program Contact	Shannon Parker
Contact Phone	
Executive Director	n/a
Email	
Website	n/a
Mailing Address	Box 1111, Bragg Creek, AB T0L 0K0
Fiscal Agent (if required)	University of Calgary, Faculty of Nursing

2. ORGANIZATION TYPE

Alberta Societies Act Registration Number	n/a
Charitable Number (if applicable)	n/a
Government Agency (if applicable)	n/a
Other (please specify)	Collaborative Network

2.1 Please provide a brief overview of your agency, include mission, mandate, short history. [1/4 page max]

Mission: A local collaborative that fosters connections and supports activities that promote community wellbeing.
 Selected members: Rocky View residents, The Bragg Creek Foundation, Snowbirds Seniors, Rocky View County, Bragg Creek Community Association, Cochrane FCSS, Recovery Alberta, Banded Peak School, Cochrane BGC, Big Hill Haven, UCalgary & others.
 Selected past successes: Bragg Creek Community playground replacement, Banded Peak School Calm Cabin, two Screenagers events, Nalaxone training, the Bragg Creek satellite library.
 History: Created in response to the 2013 floods to support community connection and promote wellbeing. We are an inter-agency group of about 50 members including residents.

2025 FCSS Funding Application & Report

AGENCY NAME	PROGRAM/PROJECT NAME	GRANT AMOUNT REQUESTED	% OF TOTAL PROGRAM BUDGET	GRANT AMOUNT AWARDED
Bragg Creek & Redwood	Tableside Talks			

Please check which of the FCSS Rocky View Priorities your program/project will address:

- ☐ Mental Health Supports
☐ Senior Supports
☐ Child, Youth, and Family Supports
☒ Other

3. PROGRAM/PROJECT LOGIC MODEL

3.1 Program/Project Description [1/2 page max]

Provide a brief description of the program you are applying for funding for.

Project: Tableside Talks

Project Purpose: Enhance residents, community volunteer groups and social service agencies connections & cohesion.

Method: World Café

Phase 1: Identify & build relationships with key volunteer groups and their members.

Phase 2: Planning & Decision-Making. Use World Café Method at event to:

- Set Priorities: Identify the most pressing issues and needs among residents.
- Plan Strategies: Develop clear, actionable strategies to address these priorities.
- Select Actions: Choose specific actions and initiatives based on community input.

The World Café method is a structured, interactive discussion process where small groups explore key topics in rotating conversations, fostering collaboration, idea-sharing, and collective problem-solving in a café-style setting. <https://theworldcafe.com/key-concepts-resources/world-cafe-method/>

Phase 3: Community Action Planning Meetings. Community groups/Wellness Network members will take ownership of specific actions, ensuring everyone contributes to the solution. This is essential for effective and responsive action on an ongoing basis.

Phase 4: Evaluation & Celebration. Continuously gather feedback, assess progress, celebrate success and report activities to community members and funders.

2025 FCSS Funding Application & Report

3.2 Statement of Need: [1/2 page max]

What community issue, need or situation are you responding to?

What evidence do you have to support that this is an issue, i.e. local data, trends, reports?

Community identified need: Strengthening Bragg Creek community cohesion (Bragg Creek & Redwood Meadows Wellness Network, 2024).

Tableside Talks, initiated in 2024, by the Wellness Network provided significant evidence of community needs, resulted in beginning connections and information sharing with residents & service agencies, and clearly indicated the need to continue and amplify this work.

Evidence:

- Bragg Creek is a hamlet with no central governance located in the community.
- Community connections are not supported by local geography (large lots, long driveways, physically distant school from hamlet). Social isolation and loneliness are growing health concerns (WHO, 2021).
- There is a need for more social programs and services that connect community members (RVC Social Needs Report, 2022).
- Numerous community groups are active in Bragg Creek.
- There is no other structure to provide opportunities for these groups to connect, set priorities, collaborate or prevent duplication.

3.3 Rationale: [1/2 page max]

Given the evidence above, **how** will your strategy help you achieve your outcomes, i.e. best practices, research?

Why will your strategy help you achieve your outcomes?

Why: Tableside Talks foster collaborative problem-solving, ensuring that participants are engaged in decision-making.

-By rotating groups, it encourages cross-community interactions and diverse perspectives, leading to more inclusive solutions. The method's structured yet flexible format helps build agreement on priorities and actions, ensuring alignment across various community sectors.

The World Café method supports Tableside Talks effectively.

Phase 2: Planning & Decision-Making. Identify the most pressing issues and needs among residents & community groups.
How: World Café creates a space for open dialogue, allowing diverse voices to identify shared concerns, challenges, and priorities.

Plan Strategies: Develop clear, actionable strategies to address identified priorities.

How: Through focused group discussions, residents brainstorm and build on each other's ideas to create realistic and targeted action plans.

Select Actions: Choose specific actions and initiatives based on community input.

How: This process enables residents to refine ideas and select practical, community-driven actions that have the broadest impact.

Phase 3: Community Action Planning Meetings. Residents/Wellness Network will take ownership of specific actions, ensuring everyone contributes to the solution.

Phase 4: Evaluation & Celebration. Gather feedback, assess progress, celebrate success.

2025 FCSS Funding Application & Report

3.4 Program/Project Design: [1 page max]

Briefly describe your program/project.

How are you going to address the issue, need or situation?

What are the actions/steps/activities? How often will these activities take place and for how long?

Project: Strengthen residents, community volunteer groups and social service agencies connections & cohesion.

We will use Tableside Talks to engage Bragg Creek residents and volunteer groups in collaborative discussions with social service agencies to identify priorities, plan actionable strategies, and implement sustainable solutions focused on strengthening community connections & cohesion.

Actions, steps, activities will be:

March - May 2025: Community outreach and engagement, Ongoing

March - May 2025: Plan Tableside Talks event logistics, Monthly

March - March 2026: Create communication materials to share activities, invite participation, Ongoing

June 2025: Facilitate Tableside Talks events, twice (day & evening), childcare provided

May - August 2025: Analyze & summarize findings, One time process

September - November 2025: Develop actionable strategies in community action planning meetings, 1-2 events

November 2025 - March 2026: Implement & monitor solutions

February - March 2026: Celebration event, community reporting, grant outcomes reporting. 1-2 meetings

2025 FCSS Funding Application & Report

3.5 Community Connections: [1/2 page max]

What existing or new connections will you use to support your program/project?

How will County residents know about your program/project, i.e. marketing, engagement events etc.?

New connections: The HIVE, University of Calgary Faculty of Nursing Health Systems Transformation Initiative. The HIVE team are experienced at building capacity for innovation and transformation by co-creating sustainable homegrown solutions through collaboration. This team will be contracted for this project.

Existing connections: 50+ members of Wellness Network including Bragg Creek residents, social service agencies, local government, and community organizations. For example, Cochrane FCSS community development team, Stepping Stones for Mental Health, Banded Peak School, The Bragg Creek Foundation, Rockyview County.

Marketing and engagement efforts will leverage a mix of traditional and digital strategies tailored to our rural community's communication habits. Partnering with a local award-winning advertising/design agency, we will design clear, visually appealing posters to be displayed in key gathering spots, including local businesses and the post office wall. Regular updates will be shared through the monthly community newspaper and weekly regional newspapers, ensuring broad reach. Social media campaigns will complement these efforts, fostering online discussions and event reminders. Word of mouth will be actively encouraged through local networks, community groups, and stakeholder relationships to maximize participation and engagement.

3.6 Collaborative Partnerships: [1/2 page max]

What existing or new partnerships will you leverage to advance your program/project?

We will leverage The HIVE to access expertise, resources, and networks that support community-driven health innovations. Their guidance on systems-level change and collaborative engagement will strengthen our project's impact, ensuring sustainable strategies for mental health, seniors, and youth/family support in Bragg Creek. We will utilize their expertise with the World Café method to facilitate meaningful, action-oriented discussions that drive community-led solutions.

Selected examples of leveraging existing partnerships to advance project:

- Local residents - strengthen community engagement, communicate their experiences and local priorities.
- Local schools & Community Centre – engage community members, provide venues for discussions, serve as communication hubs.
- Bragg Creek Foundation – local knowledge, funding potential, and community connections will provide essential support for project implementation and sustainability.
- FCSS Community Developers – expertise in rural planning and social infrastructure can help integrate project outcomes into broader community initiatives, ensuring alignment with existing and future developments.
- Rural Primary Care Network – healthcare expertise will inform discussions on mental health and senior care needs, ensuring that strategies align with existing healthcare services and support systems.

2025 FCSS Funding Application & Report

3.7 Volunteerism: [1/2 page max]

How will County residents engage in volunteer activities in your program/project?

This project engages volunteers as key connectors between residents, organizations, and social service agencies, ensuring a collaborative, community-driven approach. Volunteers will play an active role in:

- Facilitating the Tableside Talks, helping guide discussions and capture key insights.
- Outreach and engagement, ensuring diverse community voices are heard without overwhelming any single group.
- Strengthening existing volunteer organizations by linking them with social services and residents, amplifying their collective impact.

By integrating volunteers into every stage of this project, the community will shape solutions while keeping engagement manageable and meaningful for all involved.

3.8 Was your program/project implemented as planned above? If yes, proceed to the next sections of the annual reporting. If not, why? What changed? How did it go? [1/2 page max]

**Please note if you are not able to implement your program/project as stated above, you must get permission from Rocky View County before proceeding*

2025 FCSS Funding Application & Report

4. IMPACTS & OUTPUTS

4.1 Outcomes [1/2 page max]

What change or impact do you want to achieve?

**Please complete section 5 below, and list the Program/Project Outcomes you have identified and are measuring for your program/project*

Community Outcome 1: Improve social wellbeing of the community. The community is connected and engaged.

4.2 Target Group [1/2 page max]

Who will be served in your program/project, i.e. youth, families, seniors, volunteers?

Target Group: Residents & volunteers

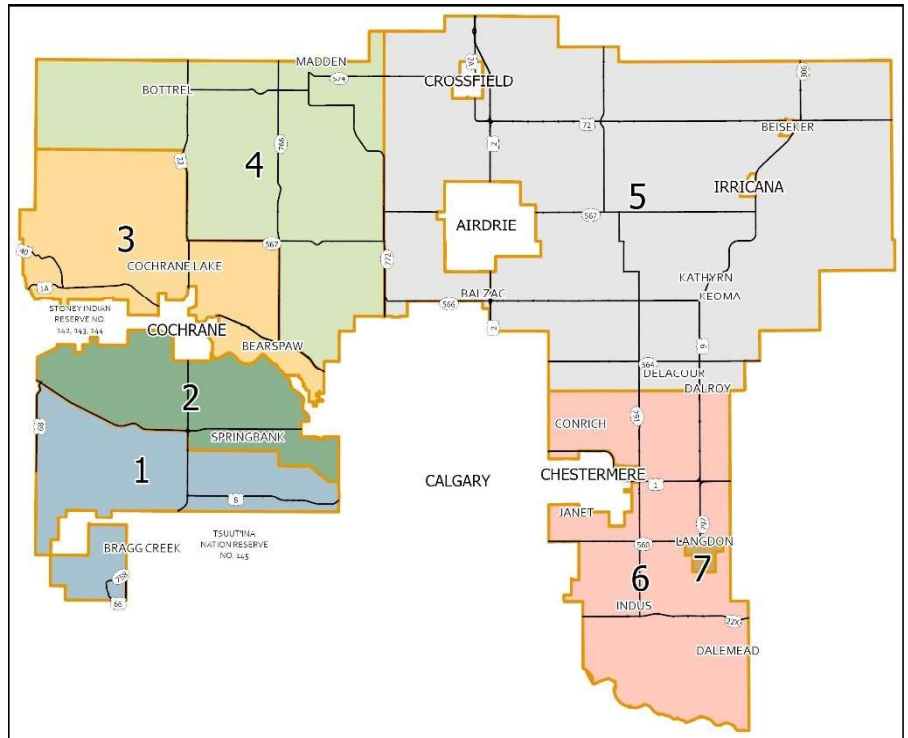
2025 FCSS Funding Application & Report

4.3 Program/Project Location

Where is program/project to be offered in the County?

**Please check all divisions that apply.*

- ☒ DIVISION 1
- ☐ DIVISION 2
- ☐ DIVISION 3
- ☐ DIVISION 4
- ☐ DIVISION 5
- ☐ DIVISION 6
- ☐ DIVISION 7



4.4 Anticipated and Actual Number of Individual Participants Served for this program/project

	All Individuals Anticipated	All Individuals Actual	County Residents Anticipated	County Residents Actual
# of Volunteers	5		5	
# of Volunteer Hours	100		100	
# children and youth (under 18)				
# adults (18 +)	90		70	
# seniors (65 +)	40		30	
Total individuals served	130	0	100	0

2025 FCSS Funding Application & Report

5. OUTCOMES and MEASUREMENT								
MANDATORY for all funding streams.								
5.1 Program/Project Outcome Statement:								
Improve social wellbeing of community.								
Alignment with the FCSS Outcomes Model: Provincial Outcome	Alignment with the FCSS Outcomes Model: Provincial Indicator	FCSS Measures Bank Measure Number:	Measure(s): Write the measure (survey question) as it is in the measures bank and exactly as you will write it on your survey.					
Provincial Outcome: Community Outcome 1 *If Individual Outcome # 3 - Include Asset Category:	Provincial Indicator: Social engagement	PM 4	1. Tableside Talks help me to feel connected to my community.					
			<table border="1"> <tr> <td>Scale Used:</td> <td># completing measurement tool: _____</td> </tr> <tr> <td>ACs</td> <td># completing this measure: _____</td> </tr> <tr> <td></td> <td># experiencing a positive change: _____</td> </tr> </table>	Scale Used:	# completing measurement tool: _____	ACs	# completing this measure: _____	
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		ACs	# completing this measure: _____					
	# experiencing a positive change: _____							
	2. (if more than one measure for this outcome)							
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Scale Used:	# completing measurement tool: _____							
	# completing this measure: _____							
	# experiencing a positive change: _____							
OPTIONAL for General Funding – Large Only								
5.2 Program/Project Outcome Statement:								
n/a								
Alignment with the FCSS Outcomes Model: Provincial Outcome	Alignment with the FCSS Outcomes Model: Provincial Indicator	FCSS Measures Bank Measure Number:	Measure(s): Write the measure (survey question) as it is in the measures bank and exactly as you will write it on your survey.					
Provincial Outcome: If Individual Outcome # 3 - Include Asset Category:			1.					
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	# completing this measure: _____							
	# experiencing a positive change: _____							

7. INPUTS							Agency Name: Bragg Creek and Redwood Meadows Wellness	
2025 PROPOSED AND ACTUAL BUDGET (Ensure all calculations are correct. Use the second column to itemize the program expenses to which you plan to direct the County FCSS funds. Column 1 + Column 2 = Column 3)								
ITEM	Column 1 2025 Costs to be paid/ contributed by the Applicant and other funding partners (Agency Contribution)		Column 2 2025 Costs to be funded by County FCSS (Program Request)		Column 3 2025 Year End Total Program Budget (Total Cost)			
	EXPENSES							
	Proposed	Actual	Proposed	Actual	Proposed	Actual		
PERSONNEL								
Childminding (\$25/hour x 2 personnel x 6 hours)			\$ 300		\$ 300	\$ 0		
Project management by UCalgary Nursing's 1			\$ 6,000		\$ 6,000	\$ 0		
World Café Table Hosts (volunteer live data r			\$ 0		\$ 0	\$ 0		
Facilitator (Shannon Parker, program contact			\$ 0		\$ 0	\$ 0		
A. SUBTOTAL PERSONNEL	\$ 0	\$ 0	\$ 6,300	\$ 0	\$ 6,300	\$ 0		
MATERIALS & SUPPLIES (specify)								
Room rental in local community hall (\$100/hour)			\$ 600		\$ 600	\$ 0		
World Café engagement materials and supplies			\$ 400		\$ 400	\$ 0		
Promotional and communication materials			\$ 200		\$ 200	\$ 0		
					\$ 0	\$ 0		
					\$ 0	\$ 0		
B. SUBTOTAL MATERIALS & SUPPLIES	\$ 0	\$ 0	\$ 1,200	\$ 0	\$ 1,200	\$ 0		
TRAVEL & TRAINING (specify)								
					\$ 0	\$ 0		
					\$ 0	\$ 0		
					\$ 0	\$ 0		
					\$ 0	\$ 0		
C. SUBTOTAL TRAVEL & TRAINING	\$ 0	\$ 0	\$ 0	\$ 0	\$ 0	\$ 0		
OTHER (specify)								
					\$ 0	\$ 0		
					\$ 0	\$ 0		
					\$ 0	\$ 0		
					\$ 0	\$ 0		
					\$ 0	\$ 0		
D. SUBTOTAL OTHER	\$ 0	\$ 0	\$ 0	\$ 0	\$ 0	\$ 0		
E. TOTAL PROGRAM EXPENSES	\$ 0	\$ 0	\$ 7,500	\$ 0	\$ 7,500	\$ 0		
REVENUE (Specify other sources of funding including fundraising and other grants)								
			Please note: Total Program Expenses for Column 1, must equal Total Revenue					
TOTAL REVENUE		\$ 0						
F. FCSS REQUEST (DEFICIT = Total of Column 3 Expenditures – TotalRevenue)			\$ 7,500.00					