

### **Governance Committee**

Subject:	Family & Community Support Services (FCSS) 101 Presentation
Date:	April 16, 2024
Presenter:	Jodi McKay, FCSS Coordinator
Department:	Recreation, Parks and Community Support

#### REPORT SUMMARY

This FCSS 101 presentation will provide an overview of the Family and Community Support Services program in Rocky View County, which is an 80/20 funding partnership between the Government of Alberta and participating municipalities or Métis Settlements. Under FCSS, communities design and support the delivery of social programs that are preventive in nature to promote and enhance well-being among individuals, families, and communities.

The FCSS 101 presentation is designed to raise the awareness of FCSS programs in the County. The session will outline the FCSS Act and Regulation, the updated FCSS Accountability Framework, programs that are eligible and ineligible for funding and highlight the impact funded programs have in the County.

### **ADMINISTRATION'S RECOMMENDATION**

THAT the Governance Committee receives the Family & Community Support Services 101 presentation as information.

#### BACKGROUND

Family and Community Support Services is a partnership between the Province of Alberta and Rocky View County that develops, coordinates, and provides Rocky View County residents with a variety of preventive social support programs. FCSS is unique in Canada – no other province has an FCSS program legislated to do community development and provide preventive social programs and supports. This program has existed in Alberta since 1966 and has supported County residents since 2000.

In providing an FCSS program, the County is responsible for:

- engaging citizens in the planning, delivery, evaluation and governance of programs;
- effectively and efficiently using resources, based on identified community needs and priorities;
  and
- coordinating and cooperating with government and community organizations.

In 2022, Rocky View County Family and Community Support Services (FCSS) conducted and completed a County-wide Social Needs Assessment (SNA). The SNA's main objectives were to identify any service gaps or opportunities to strengthen services, to ascertain the social needs of County residents, and to determine how and why residents use or do not use the community supports. The SNA was approved by the FCSS Board at their April 13, 2023 meeting.

The SNA identified community priorities and areas of social need in the County; they are:

- Mental Health Supports;
- Seniors' Supports; and
- Child, Youth, and Family Supports.

Along with these priorities and during their 2023 strategic planning sessions, the FCSS Board also identified three key programming approaches to be utilized by organizations and programs seeking funding:

- Community Connections;
- Collaborative Partnerships; and
- Volunteerism.

From the results of the SNA, the FCSS Board developed a funding framework with clear priorities to guide the Board's decision-making in allocating FCSS funding.

This year, the FCSS Board approved funding to 24 social programs, which includes programs to support children & youth, senior support, community development and enrichment, as well as volunteer and information & referral programming.

#### **DISCUSSION**

Rocky View County has been part of the provincial FCSS program since the year 2000. The County provides external grants to non-profit organizations to provide preventive social services. All organizations who apply must follow the grant application, evaluation, and reporting process as set out by the Province and County.

Rocky View County has two available funding streams:

- **General FCSS Funding** (*annual*) This funding is for larger programs that address local needs through established programming and proven outcomes.
- **Special Projects Funding** (*funding dependent*) This type of funding is generally for one-time, short-term, or pilot projects that are \$7,500 or less.

Funding provided to programming in 2023 totalled \$1,103,697 and in 2024 and 2025 will be \$1,115,709 annually due to the Provincial increase received April 2023.

All programs or projects must serve County residents, which does not include residents of Airdrie, Beiseker, Chestermere, Cochrane, Crossfield, Irricana, or Redwood Meadows. It does include those who live outside of these municipalities and within the hamlets located within the County's borders.

### **ALTERNATE DIRECTION**

Administration has no alternate direction for consideration.

#### **ATTACHMENTS**

Attachment A: FCSS 101 Presentation

# **FCSS 101**

Governance Committee April 16, 2024







# Agenda

- What is FCSS?
  - Program History and Mandate
  - Governance Structure
  - FCSS Accountability Framework
- How FCSS Works
  - Prevention Priorities and Strategies
  - Granting model
- Outcomes Model
  - Program Objective and Key Performance Measures





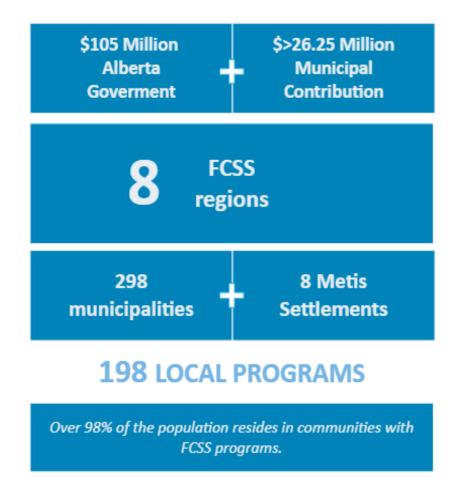
# FCSS History and Mandate

- Program started in 1966
- 80/20 Partnership
- Voluntary Participation
- FCSS Act and Regulation
  - Mandate and Requirements
  - Responsibilities and funding parameters
- Emphasis on Prevention
- Focus on Volunteerism















# FCSS Accountability Framework

- Common definition of prevention
- Provincial prevention priorities and strategies
- Clear governance structure
- Streamlined outcomes model and Key Performance Measures





Prevention is a proactive process that strengthens the protective factors of individuals, families and communities to promote well-being, reduce vulnerabilities, enhance quality of life and empowers them to meet the challenges of life.

### **Provincial Prevention Priorities**

Homelessness and Housing Insecurity

Mental Health and Addictions

**Employment** 

Family and Sexual Violence

Aging Well in Community

### **Provincial Prevention Strategies**

Promote and encourage active engagement in the community

Foster a sense of belonging

Promote social inclusion

Develop and maintain healthy relationships

Enhance access to social supports

Develop and strengthen skills that build resilience

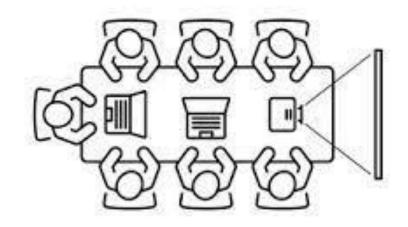




## Rocky View County FCSS Board

### 7 Board members

- 2 Councillors
- 5 community members at large







### **FCSS Rocky View County Priorities**

- Mental Health Supports
- Seniors Supports
- Child, Youth and Family Supports

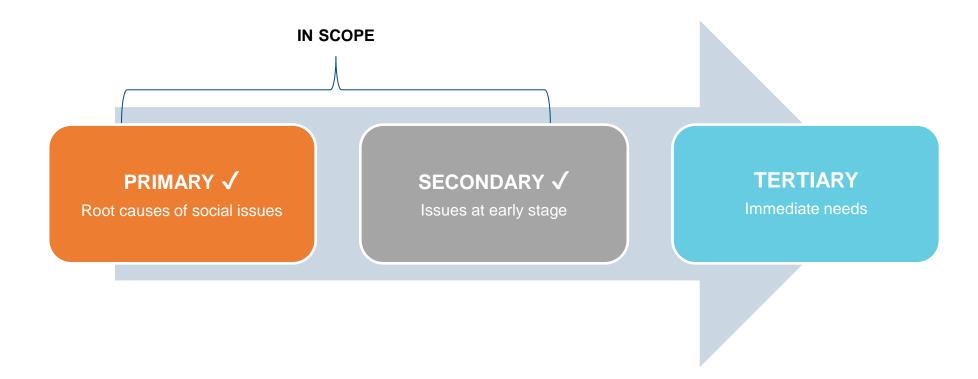
### **FCSS Rocky View County Approaches**

- Community Connections
- Collaborative Partnerships
- Volunteerism





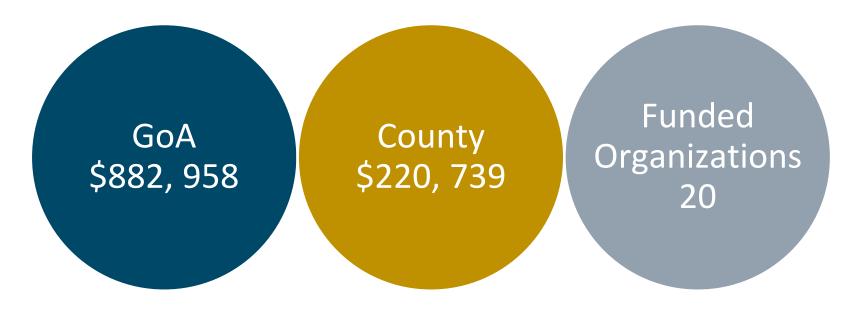
## Prevention







## In 2023, FCSS at the County....



Total: \$1, 103,697





## **Key Performance Measures**

- Program Outcomes (streamlined list of provincial outcome measures)
- Local FCSS Programs that completed a needs assessment
- Number of program participants
- Number of referrals made
- Percentage of participants satisfied with FCSS programs and services
- Percentage of participants reporting FCSS programs and services were easy to access
- Number of partnerships
- Number of volunteers and volunteer hours

7, 110 County residents

96% reported positive change

14, 864 volunteer hours contributed





